## Welcome to our Webinar!

# Canada HomeShare



An intergenerational answer to social isolation

## February 17, 2022 1 PM - 2:30 EST



ASL Provided





CANADIAN NETWORK for the PREVENTION of ELDER ABUSE



## LAND ACKNOWLEDGEMENT

145



### WEBINAR HOUSEKEEPING



#### Communication

All attendees will be muted during the webinar.



Image and name (ASL Interpreter) will be visible during the webinar. View all speakers by clicking gallery view. Can also PIN the ASL Interpreter to have image on your screen at all times.

< >

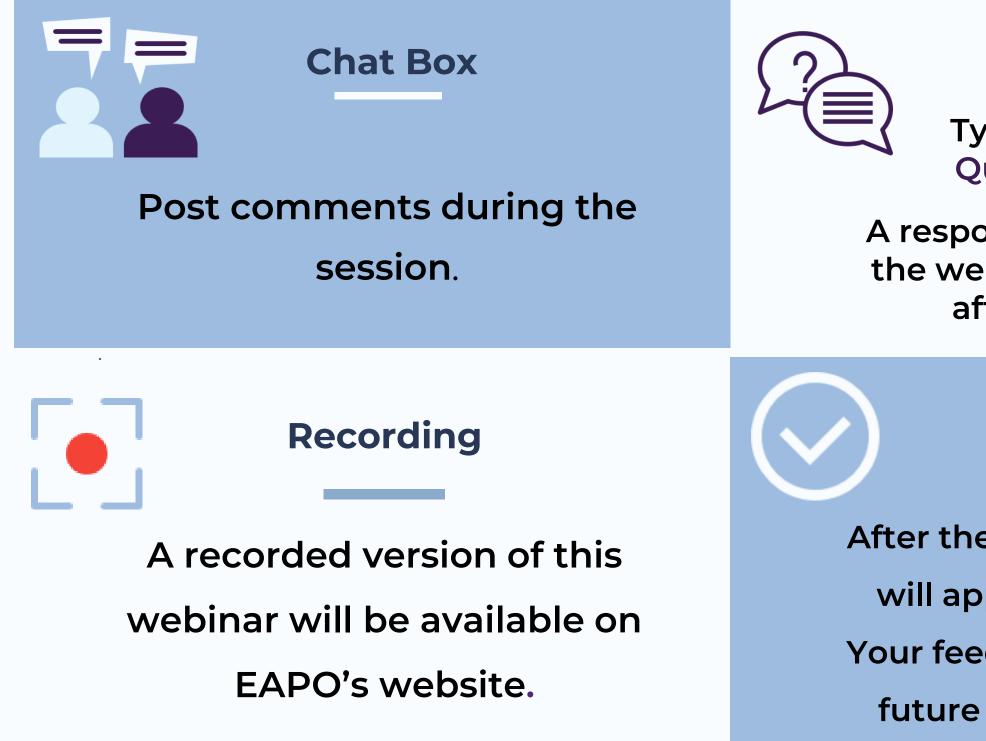
Drag the line, between the image frame and slides, to the left to make speaker image larger.

#### Speaker

Will be visible while presenting and for the Question/Answer session.

**Adjusting Speaker Images** 

### WEBINAR HOUSEKEEPING



#### **Question Box**

Type your questions in Question/Answer box.

A response will be posted during the webinar *or* asked to speaker after the presentation.

#### **Evaluation**

After the webinar, a pop-up screen

- will appear to complete survey.
- Your feedback and suggestions for
  - future webinars is appreciated.

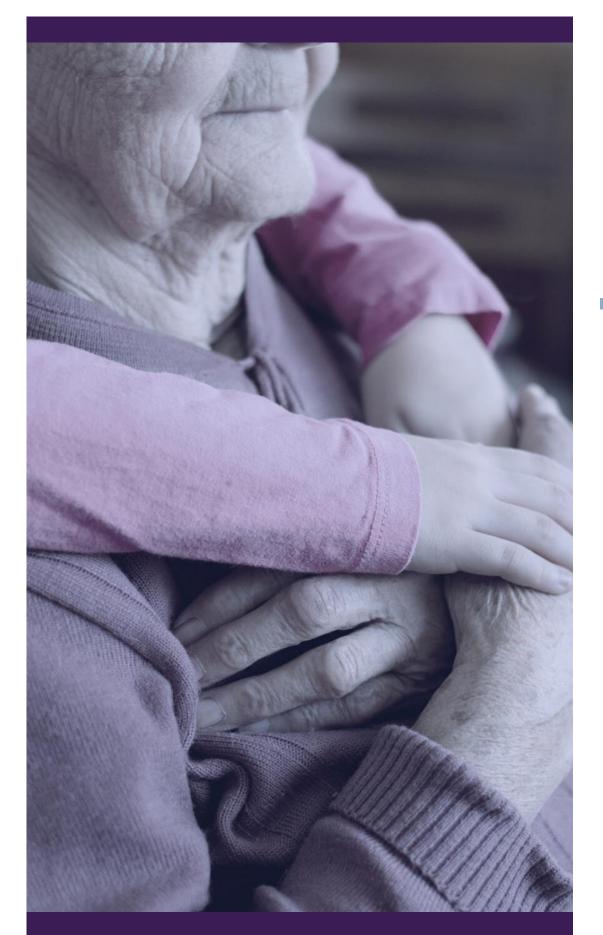
### HOUSEKEEPING

### **Respecting Privacy and Confidentiality**

EAPO appreciates there may be personal circumstances or issues which participants may wish to address. However, in keeping with our commitment to maintaining your privacy and confidentiality, today we will be answering general questions posed through the Q&A.

If someone wishes to discuss specific circumstances, we invite you to contact EAPO following this webinar to arrange for a confidential conversation so that we may further assist you.





### **Elder Abuse Prevention Ontario** (EAPO)

**Mission and Goals** 

respected.

Achieving our mission requires raising awareness, delivering education and training, working collaboratively with likeminded organizations and assisting with service coordination and advocacy.

#### www.eapon.ca

@EAPreventionON #RestoringRespect

### EAPO envisions an Ontario where ALL seniors are free from abuse, have a strong voice, feel safe and

Elder Abuse Prevention Ontario | 2022

# Ontario's Strategy to Combat Elder Abuse



#### **Public Education and Awareness**

A Province-wide, multi-media public education campaign to promote awareness about elder abuse and provide information on how to access services.

2

#### **Training for Front-Line Staff**

Specialized training to staff from various sectors, who work directly with seniors, to enhance their knowledge and skills to recognize and respond to elder abuse.

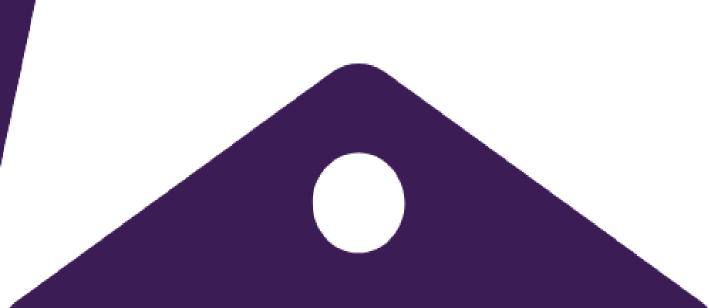
### 3

#### **Co-ordination of Community Services**

To strengthen communities across the province by building partnerships, promoting information sharing and supporting their efforts to combat elder abuse.

### **3 Pillars of the Strategy**







### Canadian Network for the Prevention of Elder Abuse (CNPEA)

### **MISSION**

CNPEA connects people and organizations, fosters the exchange of reliable information, and advances program and policy development on issues related to preventing the abuse of older adults. We do this work at the local, regional, provincial/territorial, and national levels.

### VISION

We envision and work toward a Canadian society where older adults are valued, respected, and live free from abuse.

We strive to be the Canadian leader in our field—sharing information and coordinating resources for the prevention of elder abuse.













## Jackie Tanner, MSW, RSW

Canada HomeShare National Manager, Clinical Lead

Jackie received her BSW at Ryerson University and her MSW at the Factor-Inwentash Faculty of Social Work at the University of Toronto. Jackie is a gerontological social worker specializing in innovative approaches to aging in place, grief & bereavement and social isolation.

Jackie has worked across a diversity of settings including community based mental health and is an experienced group facilitator and mediator. Jackie is the National Manager and Clinical Lead for Canada HomeShare.

### Dorothy Rusoff, Home Provider

### Maggie Meier, Student

# WEBINAR GUEST SPEAKERS



### Raza M. Mirza, PhD

Assistant Professor (Status), University of Toronto, Institute for Life Course and Aging;

and

Network Manager, National Initiative for the Care of the Elderly (NICE)

Raza received his MSc and doctorate degrees from the Graduate department of Pharmaceutical Sciences at the University of Toronto's Leslie Dan Faculty of Pharmacy. His areas of expertise and teaching interest include research methods, medical decision-making, the socio-behavioral determinants of health in persons aging with a chronic illness, and factors influencing late-life social, mental and physical well-being.

He has been an invited speaker at national and international gerontology and geriatrics conferences, workshops and symposiums, and has consulted with various levels of government on diverse issues related to an aging population.

Dr. Mirza currently works in research at the University of Toronto's Institute for Life Course and Aging as an Assistant Professor (Status) and is the Network Manager for the non-profit organization the National Initiative for the Care of the Elderly an international knowledge transfer network in the field of aging. He is the lead for the Canada HomeShare Program.

# WEBINAR GUEST SPEAKERS

"I *now* feel disconnected from my community and from society. The relationships I have with people are *no longer* meaningful."





### AN INTERGENERATIONAL PATHWAY TO SOCIAL INCLUSION

www.canadahomeshare.com



### **Social Inclusion/Exclusion**

Quality of Life Resources Participation

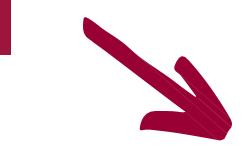


- higher depression scores
- unmet ADL or unmet IADL needs
- not feeling safe with those closest to respondent
- widowed or divorced
- being female

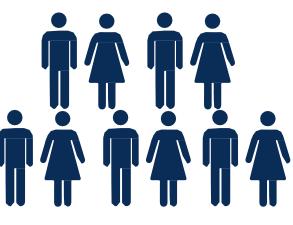
Risk Factors for Elder Abuse







### **Social Inclusion**



• community interpersonal relationships feeling of safety • ADL & IADL needs met • feeling of connectedness Protective Factors against Elder Abuse

### HomeSharing: The Bridge Between **Generations?**

#### NATIONAL\*POST

Post Picks Financial Post Healthing Driving The GrowthOp NYT Crossword Videos

#### News / Canada

#### Aging in place: How Baby **Boomers are breaking Canada's** real estate market

In one of the tighest real estate markets ever recorded in Canada, Boomers are not letting go of their homes

Deborah Stokes Jan 26, 2022 • January 26, 2022 • 3 minute read • 💭 428 Comments



The cure for pandemic loneliness? Friends of a different generation.

#### Baby boomers vs. millennials: The fight over real estate heats up

Royal LePage CEO Phil Soper speaks about how millions of baby boomers are intending to buy homes in the next five years

Jun 30, 2021 • 2 days ago • < 1 minute read • 💭 Join the conversation









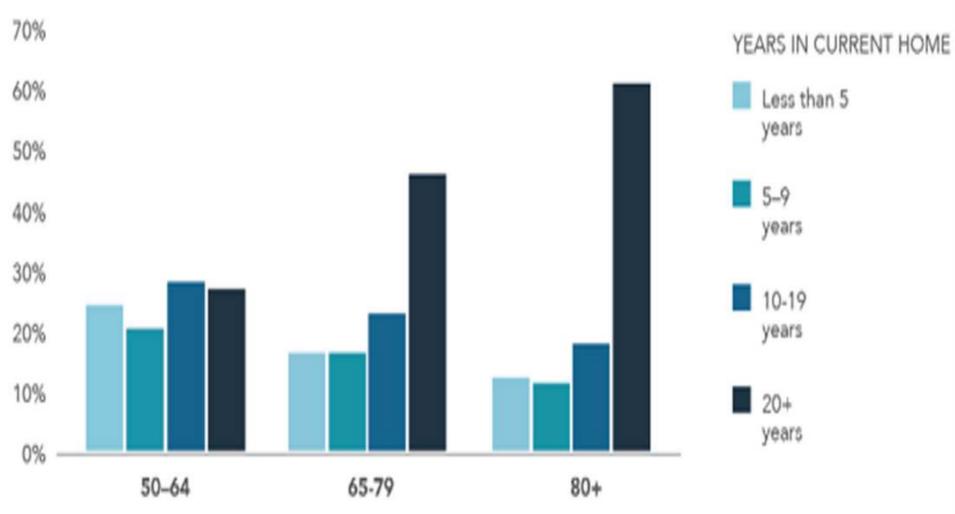
#### Young people way more likely to experience severe housing unaffordability in Toronto

#### **Real Estate**

Karen Longwell Posted 25 days ago

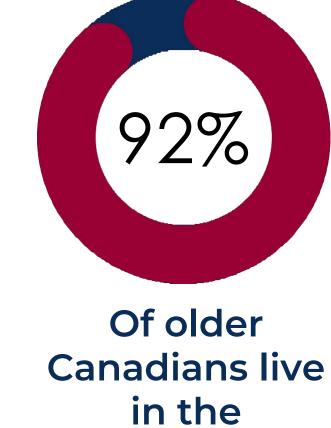
Finding reasonable and affordable housing in Toronto has become increasingly difficult, particularly for younger people.





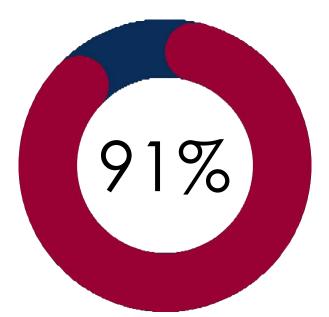
Many seniors are still in the same home they lived in for decades.





community (not instutions)

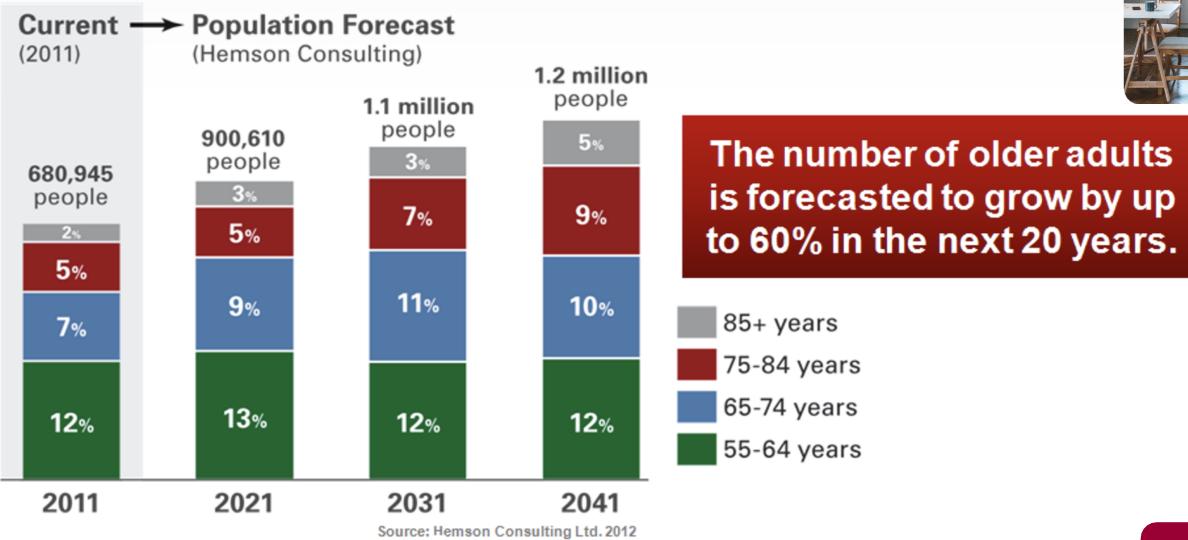
### Where **Do Older Adults Live?**



**Of Canadians** want to remain in their home as they age

Sources: Statistics Canada; NIA

#### The City must be ready to address the growing number of diverse older adults.



Income: 39% earn between \$15,000- \$25,000

Living Alone: 45% Women, 24% Men

Home Ownership: 66%, and 2,000,000 empty bedroom





"The stairs are getting so hard to climb."

"Since my wife died, I just open a can of soup for dinner."

"I've lived here 40 years. No other place will seem like home."

Many older adults want to "agein-place" – stay in their own homes as they get older – but may have concerns about safety, getting around, or other daily activities.



### **Toronto Seniors Strategy**

- Part of the Toronto Senior's Strategy 2.0
- Council approved 27 high-impact recommendations for immediate implementation
- Recommendation 11
  - Seek funding from Ministry of Seniors Affairs for pilot HomeShare Program
  - Grant submitted and approved
  - National Initiative for the Care of the Elderly (NICE) was the lead community partner to design and implement the program





Vacancy Rate: 3.2%

**Rental Rate (avg. 2 bedroom** apartment): \$1,165

Source: 2020 Rental Market Report, CMHC

### Why a HomeShare Program?

- ownership)
- support

• Older adults 55+ represent 25% of the population in big Canadian cities, including Toronto

• Aging-in-place = *stuck-in-place*? • Living in the community at the expense of social, financial, and physical well-being

• Older adults maybe 'overhoused'

Issues of affordability and attainability Asset rich and people poor

• Up to 2 million empty bedrooms in the homes of older adults = opportunity (66% home

• Push factors out of the 'community' include those related to ADLs and IADLs and financial

### Scoping Review on HomeShare

- • •
- • •
- . . . .
- . . . .

#### Benefits/Challenges

Several home providers reported feeling awkwardness in relation to directly addressing issues within the homesharing process, included asking home seekers to complete agreed-upon household tasks and enforcing house rules.

#### Social Exchange

Intergenerational homesharing enabled the practice of intergenerational solidarity as measured along associational, affectual, and functional dimensions resulting in a marked increase in frequency of intergenerational contact.

#### **Agency Facilitation**

Studies spoke to the important role of agency involvement broadly in terms of feeling reassured in knowing that agency support is available and staff was easily contactable if needed.





### Facilitated HomeShare Model

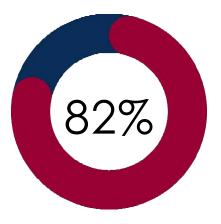
\$400 - \$600 in subsidized rent, and\$400 - \$600 in additional incomeReal matches made by real social workers



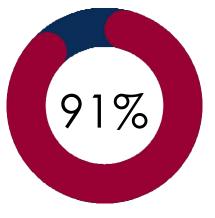


### **Evaluation, Output, and Performance Measures**

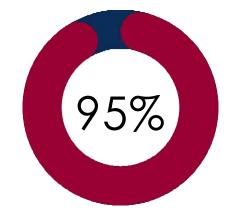
Participants in the project were asked to complete a 167 question exit survey exploring issues related to quality of life, community connectedness, financial well-being, intergenerational engagement; and the program was evaluated along various dimensions including feasibility, 'deal breakers' and overall satisfaction.



Networking: The project helped them to network and participate more actively in their community



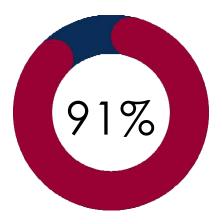
Social Engagement: Participants agree that participation in the Project improved their levels of social engagement



Well-being: Participation in the Project advanced their financial and general well-being

Cost Analysis for Sustainable Backbone

**Best Practices** Review



Volunteering: Volunteering allowed them to engage more with the community

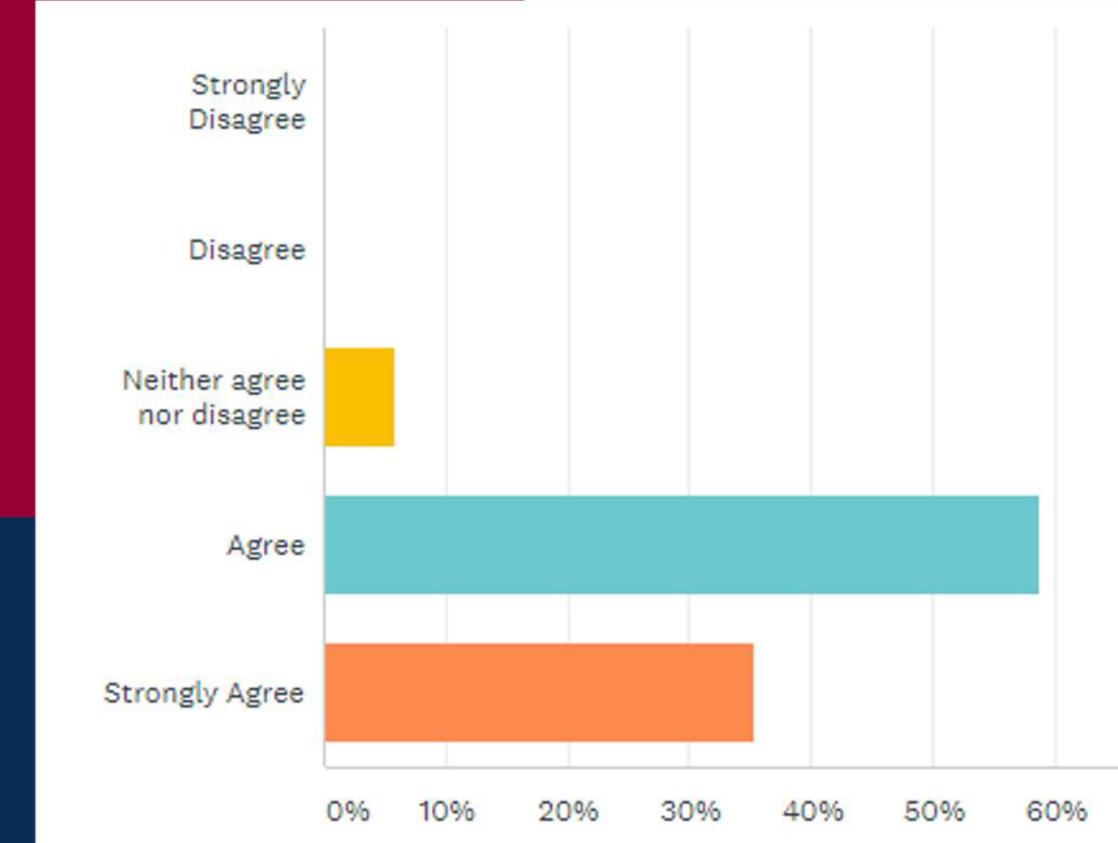
Website:

HomeShare Program Toolkit

What are some of the benefits to you from participating in the **Toronto HomeShare Pilot Project? (Please check all that apply)** 



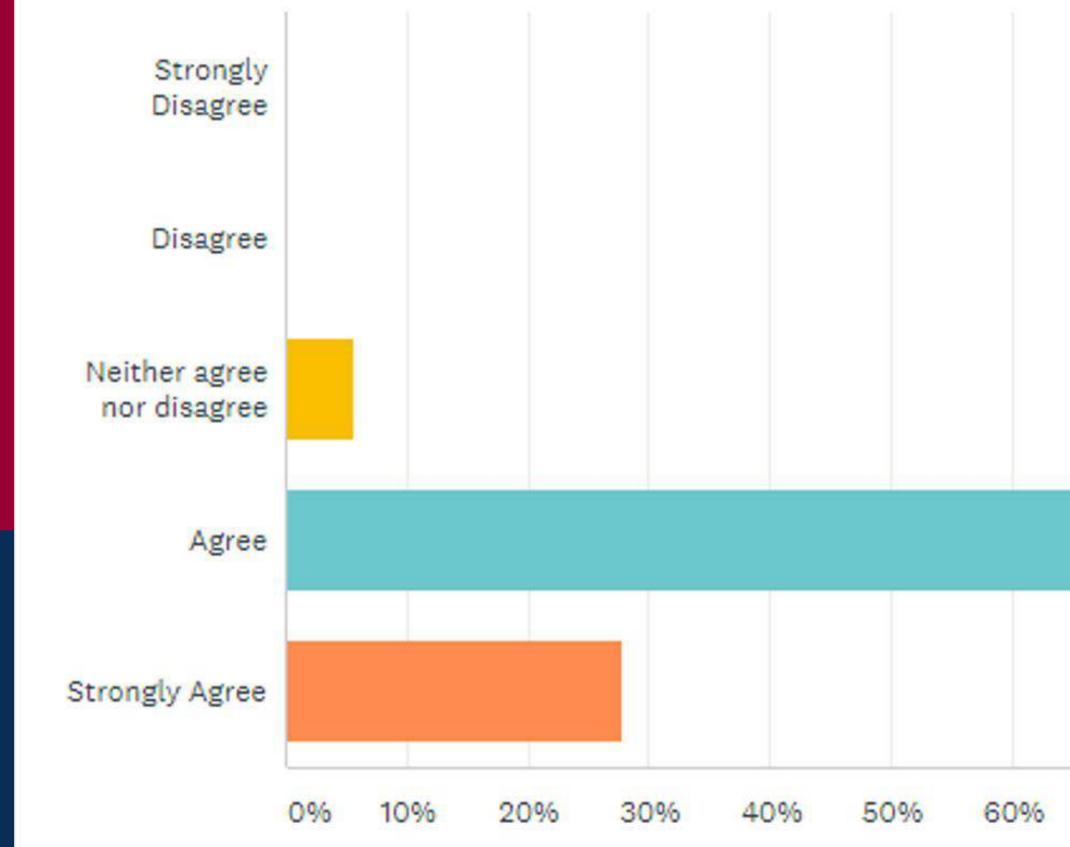
Activities associated with intergenerational programs, such as the Toronto HomeShare Pilot Project, may prevent or address social isolation.





90% 100% 70% 80%

### HomeShare programs could delay the need to move out of a community.





and the second		and the second	- and	
70%	80%	90% 10	00%	

# Let's Focus on Protective Factors...



Source: HCO, 2019; MOHLTC, 2015

### **Canada HomeShare Timeline**

Toronto Senior's Strategy 2.0 results in NICE submitting grant to pilot the The Toronto HomeShare Pilot Project

2018

We receive funding to pilot our facilitated model in 10 cities across Canada, becoming Canada HomeShare

2019

We become fully funded as the Toronto HomeShare Program



2021



We have live sites in Toronto, Metro Vancouver, Kingston Peel Region, and are about to launch sites in Peterborough and Winnipeg



### Canada HomeShare Cities Toronto Barrie Metro Vancouver Kingston Peel Region Peterborough Oshawa Ottawa Calgary Winnipeg Montreal Halifax

### In 1985 the Golden Girls made us fall in love with the concept of homesharing







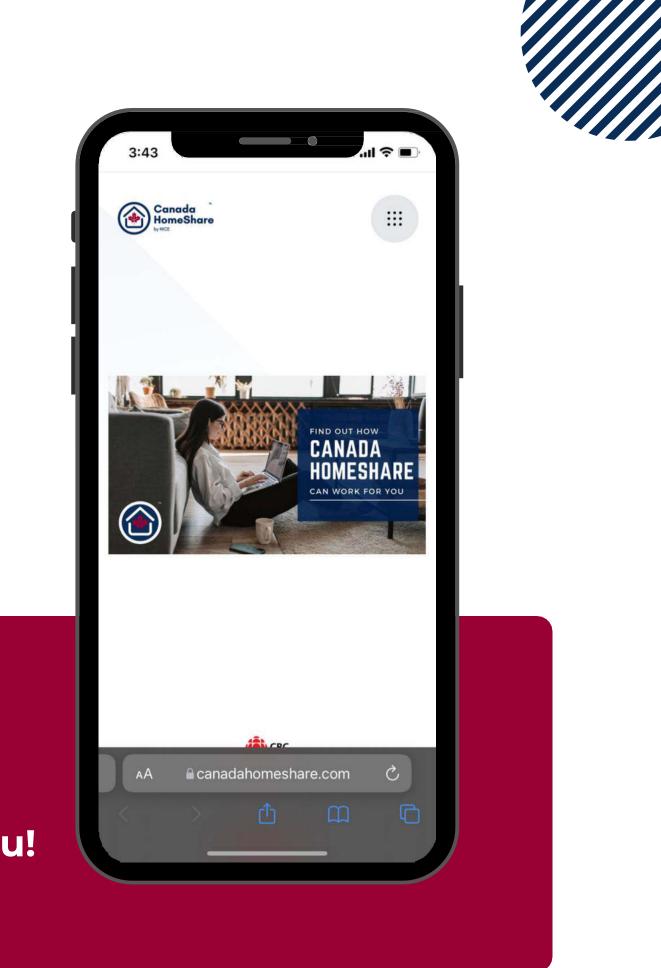
### How Does Canada HomeShare Work?

Canada HomeShare is a series of steps that you will be guided through by your Canada HomeShare social worker. Real matches made by real social workers



Fill out an online application

Let us get to know you!



## The Canada HomeShare Process



VSS Police Reference Check Enter Matching Pool



## The timing of these steps is up to you



HomeShare Agreement & Move In

Check-Ins from Social Worker

### What is the HomeShare Agreement?

It is a written agreement between the home provider and the student created by their Canada HomeShare social worker.



• HomeShare tasks to be carried out by the student/timing of these tasks House rules and preferences/allergies • Communication guidelines • The student's space and guidelines regarding use of other spaces in the

home

• COVID-19 safety protocols

• Use of emergency contacts

• Expectations about the relationship

# What might Canada HomeShare students do?

Running errands, shopping, light household chores, snow maintenance, lawn and yard maintenance, meal prep, cooking, technical assistance, companionship





### What can't they do?

HomeShare students can't replace a caregiver, provide any form of hands on care, feeding, administering medication, or surveillance of a home provider

### Testimonials from Canada HomeShare Participants



#### HOME PROVIDER

We social distanced for 8 months during COVID. Some mornings we'd have coffee together, me at the top of the stairs, her at the bottom. *Small things like this were the difference between feeling alone and being connected* 

#### STUDENT

My home provider has a huge garden but she was having a hard time with all of the work so she didn't plant one last year. We make a pretty good gardening team. I'm leaning so much and she has her garden back. When I see her out there it just makes me so happy.

#### HOME PROVIDER

I had lost interest in cooking after my husband died. During COVID my student and I started watching cooking videos online and learned to make new recipes together. *I really look forward to our Wednesday night dinners* 













### Bringing Canada HomeShare to Your City

Community partnerships Academic partnerships Funding

Send us an email

<u>o@canadahomeshare.com</u>

### **Frequently Asked Questions**

Do I have to prepare meals for my student?

How long do matches last?

Do I have to own my home?

I think I might like to participate but I'm not sure. What should I do?

Is Canada HomeShare just for single older adults or can couples apply?

What do you do to make sure participants are safe?



#### Real matches made by real social workers

### Have Questions or Want More Information?

CANADA HOMESHARE WEBSITE

HTTPS://WWW.CANADAHOMESHARE.COM

NICE WEBSITE HTTPS://<u>WWW.NICENET.CA</u> /

JACKIE.TANNER@CANADAHOMESHARE.CO M\_RAZA.MIRZA@UTORONTO.CA



PHONE 800-786-9773





# Support for Seniors



1\_266\_1

24/7, 365 days of the year

v\_\_\_\_\_

a



# 1-866-299-1011

live counsellors, over 200 languages

awhl.org/seniors



# RESOURCES

Take advantage of the tools available.



+





#### Social media channels

#### **Information and Referral**

#### Website and Zoom platforms

**Tools and Resources** 

**Customized Training and** Education

## EAPO NEW Resources



Preventing and Addressing **Financial Abuse** 



#### **Provincial Directory**

**Elder Abuse Support** and Response Service Organizations

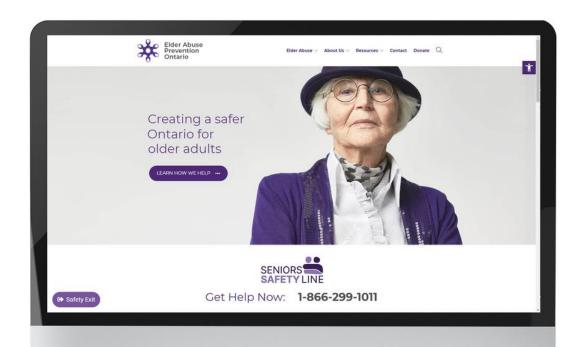


www.eapon.ca



Protecting Each Other From Scams

#### 







- Meet the New EAPO...
- Come join us in our fight to make Ontario safe for ALL older adults.
  - www.eapon.ca



## **Upcoming Webinars**

Feb 23 <sup>st</sup> (1pm – 2pm)
Bullying Awareness of Older Adults - Pink Shirt Day (hosted in partnership with CNPEA)
Speakers: Kirsten Madsan, Sheridan College, Faculty of Humanities & Social Science
Liza Franses, Research Manager, Sheridan Research
February 24 <sup>th</sup> (1pm – 2pm) Nouveaux crédits d'impôt sur le revenu des particuliers de l'Ontario

(in partnerships with FARFO)

Speaker Jocelyn Lalonde, Senior Program Advisory Specialist, Program Education, Public Communications & Outreach, Advisory Services, Advisory, Objections, Appeals and Services Branch

March 1 (1-2 pm) **Grandparent Scam to Launch Fraud Awareness Month** 

#### Speakers:

#### **Detective Constable David Conforti**

Durham Regional Police Service, Serious & Organized Crime Branch, **Financial Crimes Unit** 

#### **Detective Greg Whyte**

York Regional Police, Financial Crimes Unit, Major Frauds

March  $8^{th}$  (1pm – 2pm)

#### **Protection Against Investment Scams**

- **Speaker**: Chris Allum, Ontario Securities Commission
- March  $24^{th}$  (1pm 2pm)

#### **Understanding Ontario's Estate Administration Tax**

**Speaker**: Jeremy Bertrand, Senior Program Advisory Specialist, Ontario Ministry of Finance

### **PROVINCIAL CONFERENCE MARCH 29<sup>TH</sup>**, 2022

www.eapon.ca



## **Keep Connected**



### **Raeann Rideout**

Director, Partnerships & Outreach Partnerships@eapon.ca

**EAPO MAIN OFFICE** 416 916 6728

admin@eapon.ca

www.eapon.ca







#### Bénédicte Schoepflin **Executive Director**

Tel: 604.715.100 www.cnpea.ca



@cnpea @EAPreventionON