



Welcome to
the February Edition
of EAPO's e-Newsletter!



Welcome to EAPO's e-Newsletter!

In February, Canada celebrates **Black History Month** and this year's theme is: **Black Excellence: A Heritage to Celebrate; and a Future to Build**. We know that elder abuse can be experienced by anyone, anywhere and anytime, but that the prevalence among older Black Canadians, is disproportionately higher, than any other racial group. EAPO is working with all communities to continue to raise awareness of the issue, its complexities and how we can all help safeguard older adults at-risk. In recognition of Black History Month, EAPO recently hosted a Webinar : **Many faces of Elder Abuse: Insights into Loneliness, Mobility Challenges, Dementia and Representational Inequity in Black Older Adults**. We invite you to view the webinar archived [here](#) to learn more.

EAPOs webinars are offered regularly and are available in [english](#) and/or [french](#) and with ASL Interpretation. Don't miss your chance to increase your knowledge on a variety of topics. We encourage you to review the many resources and articles posted in this e-Newsletter.

We hope you will enjoy reading this month's issue that includes articles, links to blogs, videos, news about funding opportunities and much more.

Watch for our next issue in March as we focus on Fraud Prevention Month!

Marta Hajek, CEO
Elder Abuse Prevention Ontario

We extend our sincerest, heartfelt condolences to the family, friends and colleagues of **Dr. Elizabeth Podnieks** , as we mourn her passing. As founder of EAP Ontario, the Canadian and International Networks for the Prevention of Elder Abuse, her research, advocacy and activism were boundless and inspirational to us all.

This year, as we mark World Elder Abuse Awareness Day, a milestone event that Dr. Podnieks established at the UN in 2006, EAPO will honour Dr. Podnieks and her spiritual connection to trees with a special campaign.



Dr. Elizabeth Podnieks

Our thoughts and prayers go out to the family and our community, hoping for comfort and the strength to face this immeasurable loss and overcome the great sorrow we all share.

EAPO Upcoming Events

EAPO in-person Forum :

**Uplifting Senior's Voices:
Being HEARD and RESPECTED**



**A facilitated workshop to discuss
issues that matter most to seniors.**

Hosted in partnership with :



Join us on **April 25th** for a facilitated workshop: **"Uplifting Senior's Voices: Being HEARD and RESPECTED"**.

Address: Armour Presbyterian Church
105 Wilson Avenue, Toronto, ON

Complimentary Refreshments & Lunch provided, BUT PRE-REGISTRATION is REQUIRED to attend.

Register on-line [here](#), email: admin@eapon.ca, or call: 416-916-6728

Register Now



EAPO upcoming Webinars:



Mars 7:

Hameçonnage – Assurer la sécurité en ligne

Grâce à ce séminaire, les participants apprendront à reconnaître les escroqueries par hameçonnage et recevront des conseils de prévention utiles pour se protéger lorsqu'ils naviguent dans le monde numérique.

Cliquez Cliquez [ici](#) pour vous inscrire pour vous inscrire



March 14:

Phishing Scams: Staying Safe Online.

Participants will learn how to recognize phishing scams and helpful prevention tips to protect themselves when navigating the digital world.

Learn more [here](#)

Register



March 28:

Homeowners Across Ontario Need to be Aware of Door-to-Door Scams

In recognition of Fraud Prevention Month, **EAPO** and the **Financial Services Regulatory Authority of Ontario (FSRA)** are hosting a webinar on Mortgage Scams.

Learn more [here](#)

Register



April 4:

Increasing Digital & Financial Literacy

Participants will learn how to use online banking to securely manage their finances and complete tasks like depositing cheques, checking statements, sending e-transfers, paying bills, and much more!

Learn more [here](#)

Register



EAPO upcoming Training:

April 4: "It's Not Right!" Neighbours, Friends & Family For Older Adults (INR-NFF)

EAPO is one of many organizations committed to



"It's Not Right!"
Neighbours, Friends & Family
For Older Adults
(INR-NFF)



expanding this national movement (since 2017) by not only delivering INR Workshops, but by training others willing to become INR Champions and Trained Facilitators, to be able to engage within their own communities and educate others about elder abuse prevention. These workshops teach bystanders of older adults experiencing abuse, to recognize the warning signs and then take small, practical steps, to support the older adult in a safe and respectful manner. Register [here](#) to learn more.

Register



Risk Assessment Training Course

Due to high demand we are offering training again!

EAPO is excited to offer a 3 day interactive virtual course designed to equip front-line providers in community, health, and justice services with the essential skills in risk assessment of older persons.

April 30 | 9:00 - 12:00 EST
May 1 & 3 | 9:00 - 1:00 EST

Early Bird Price: \$225

REGISTER EARLY!

Register



Risk Assessment Training
Harm to Older Persons Evaluation (HOPE)
 April 30, May 1 & 3 | 9:00 - 12:00 EST
 Registration Fee: \$225
 Due to high demand we are offering training again!
 Limited to 40 Trainees - Register Early!

Dr. Jennifer Storey
 Forensic Psychologist specializing in violence risk assessment and interpersonal violence
 University of Kent (UK)

Dr. Storey, author of **HOPE**, will incorporate real case scenarios and relevant content to engage front-line providers in building their capacity and skills to assess risk for both the older adult and their perpetrators, as well as knowledge to develop an intervention management plan for reducing the risk of harm.

Learn more

Archived Webinar

February 28:
Many faces of Elder Abuse: Insights into Loneliness, Mobility Challenges, Dementia and Representational Inequity in Black Older Adults.

In recognition of the Black History Month.



[View Recording](#)

View more archived [Conference](#) and [Webinar](#) recordings [here](#)



EAPO in the News

The Government of Canada announces funding to help prevent and address the mistreatment of older adults in Ontario.



From left: Chenell Small, Laura Ostler, Andie MacNeil, Laura Proctor, Honourable Seamus O'Regan, Marta Hajek, David Burnes, Charmaine Williams, Ramona Alaggia, Steph Conant, and Andria Allen (Resource [here](#))

Elder Abuse Prevention Ontario participated in the February 22nd Press Conference (at Faculty of Social Work, University of Toronto), where **Federal Seniors' Minister, Hon. Seamus O'Regan**, on behalf of the **Hon. Ya'ara Saks, Minister of Health and Addictions**, announced funding for the **RISE Program**, addressing the mistreatment of older adults in Ontario.

RISE, in partnership with **Elder Abuse Prevention Ontario**, provides an evidence-based solution to this problem and a way to address gaps in the system. As Canada Research Chair on Older Adult Mistreatment Prevention, Dr. David Burnes has been uncovering the prevalence of elder abuse and identifying risk and protective factors through his work.

Read Press Release [here](#) and Learn more about the **RISE Program** [here](#)

EAPO in the Community

Conference: the 4th NOHCCN Annual Gathering: Our Home Care Success (Feb. 14, 2024)



Marta Hajek, CEO, **Elder Abuse Prevention Ontario** at the 4th NOHCCN Annual Gathering: Our Home Care Success, hosted by **Northern Ontario Home and Community Care Network**, spoke about "Building Connections and Sharing Responsibility for Prevention of Abuse of Older Adults". Learn more [here](#)

Forum: Together Against Violence Rising up Against Gender Inequality (Feb. 21-22, 2024)



Raeann Rideout, Director of Strategic Partnerships, EAPO, made the Presentation: "Gender Based Violence Responses to Older Women and Women with Disabilities" at **Skills for Change**. Forum: "Together Against Violence Rising up Against Gender Inequality."

Learn more: [here](#)

Read EAPO's Blog

February is Black History Month

Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black people in Canada and their communities.

[Read Blog](#)





Don't let the romance scam break your heart

Romance scams are among the most common scams according to the Canadian Anti-Fraud Centre, costing Canadians more than \$50.3 million in losses in 2023.

[Read Blog](#)

February 11th is 211 Day

On 211 Day, February 11th (2/11), United Way Centraide, 211 service providers across North America and their supporters use the opportunity to raise awareness of this valuable service in the community.

[Read Blog](#)

FUNDING: Seniors Community Grant Programs

The Ministry for Seniors and Accessibility [Seniors Community Grant Program](#) is now open for applications, available to local not-for-profit community groups and organizations to deliver projects, supports and resources that help older adults (aged 55+) to: live independently, live with safety and security, avoid isolation, achieve greater financial security and social connections. Learn more [here](#)

Deadline for Submission: March 28, 2024



2024 Seniors' Secretariat grant application now open

Organizations and groups that work to improve the lives of Prince Edward Island seniors are invited to submit applications for the 2024-2025 PEI Seniors' Secretariat grant. The grants provide up to \$5,000 per project designed to improve the lives of seniors. Learn more [here](#)

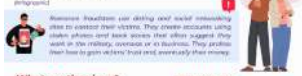


New EAPO Resources



Online Dating & Romance Scams. Tips for Seniors.

Tips for Seniors



What are the signs?

Beware of:

- Profiles that seem too perfect.
- Someone you haven't met in person professes their love for you.
- People who claim to be wealthy, but need to borrow money.
- Any attempts to meet in person get cancelled.
- A person who discourages you from talking about them to friends & family.

What to do:

- Show signs. Don't send money or trust with someone you just met online and have never seen before in person.
- Talk to a trusted friend or family member for their opinion. A friend or family member can give you outside, objective feedback.
- Ask them for a recent photo or do a video call. If the person is real, they should be open to showing their real photo with you or by video call.
- Don't share any compromising material that can be used to blackmail you.
- Be very careful about how much personal information you share on social media and dating sites.



INFOGRAPHIC

Online Dating & Romance Scams. Tips for Seniors.

Romance scam fraudsters use dating and social networking sites to contact their victims. They create accounts using stolen photos and backstories that often suggest they work in the military, overseas or in business. They profess their love to gain a victims' trust and, eventually, their money. This Infographic will help seniors recognize the red flags and how to protect themselves from Romance Scams.

[Download here](#)



Safety Check for Seniors : Romance Scam & Catfishing Quiz

Are you aware of the tactics used by scammers to prey on unsuspecting individuals online? Do you know how to identify red flags that indicate you might be dealing with a romance scammer or a catfish?

Take this quiz to test your understanding of romance scams and catfishing, and learn how to protect yourself, from falling victim to online deception.

[Take the Quiz](#)

New Elder Abuse Reports and Resources

Anxiety in Older Adults

- [First Clinical Guidelines to Address Anxiety in Older Adults Developed by the Canadian Coalition for Seniors' Mental Health](#) (*Canadian Coalition for Seniors' Mental Health*)

2SLGBTQI+ Older Adults

- [Combat Anti-2SLGBTQI Hate with Egale Canada's New Rainbow Action Hub](#) (*EGALE*)
- [Aging & Living Well: Beyond Health Considerations for LGBTQI Older Adults Project, Webinar recording](#) (*EGALE*)

Resources for Caregivers

- [Giving Care. An approach to a better caregiving landscape in Canada](#) (*CCSMH*)
- [Snapshot: Giving Care in Canada](#) (*CCSMH*)

- [Social and Economic Value of Better Heart Health: Measuring Labour Market Participation, Volunteering, and Caregiving](#)

Scams and Frauds

- [Romance Scams - Bulletin \(Canadian Anti-Fraud Centre\)](#)
- [Fraud: Recognize, Reject, Report - Bulletin \(Canadian Anti-Fraud Centre\)](#)

Gender Based Violence

- [We Believe You: A guide to responding to sexual violence disclosures with knowledge and compassion \(Acadia University\)](#)
- [Guidelines. Gender-Based Violence In The Media \(Aura-Freedom International\)](#)



Program GIFT in residence *(for Goodwill against Intolerance For Togetherness)*

[Program GIFT in residence Web Page:](#) Access up-to-date version of the documents.

Documents of the Program GIFT in residence:

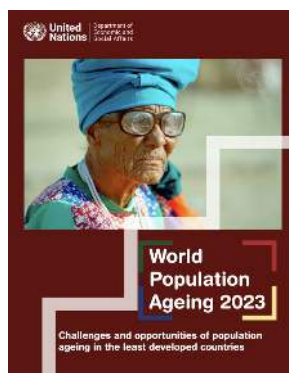
- [Presentation of the Program GIFT in Residence EN | FR](#)
- [Module 1. Mechanisms for Welcoming New Residents EN | FR](#)
- [Module 2. Managing Situations of Intolerance Between Residents : Training and Follow-Up EN | FR](#)
- [Module 3. Promoting Goodwill Among Residents EN | FR](#)

View the webinar Recordings:

[GIFT in Residence Program EN](#) | [Le Programme BIEN en résidence FR](#)

[Watch the Promo Video here EN | FR](#)

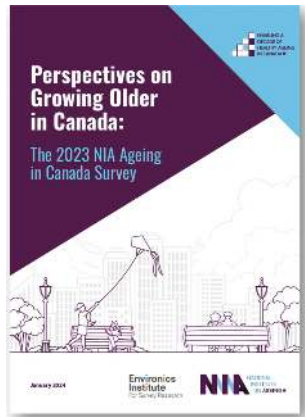
Ageism Reports and Resources



[How low-income countries can benefit from population ageing: a new report from the UN](#)

The UN Department of Economic and Social Affairs (UNDESA) recently published the [World Population Ageing 2023 report](#), which outlines the challenges and opportunities of population ageing for a group of countries termed the least developed countries (LDCs). The report offers concrete policy guidance for countries drawing on the findings of a comparative analysis focusing on Angola, Bangladesh, and Rwanda.

Read the



[Perspectives on Growing Older in Canada: The 2023 NIA Ageing in Canada Survey \(January 31, 2024\)](#)

The report takes an in-depth look at the perspectives of growing older in Canada using a base sample of 5,875 Canadians. The survey is the largest of its kind in Canada and provides the first follow-up look at the perspectives and experiences of Canadians 50 and older across three key dimensions of ageing well — social well-being, financial security, and health and independence — since its inaugural launch last year.

Read the
Report

A regulation to prescribe entities under the Seniors Active Living Centres Act, 2017 (SALCA)

Government of Ontario proposed regulation to 'prescribe entities' under the Seniors Active Living Centres Act, 2017 (SALCA). The proposed regulation is to prescribe entities that could provide the required 20% contribution (i.e., in addition to municipalities) towards a SALC program's operational costs. It is intended to help reduce barriers for community organizations to run SALC programs, by enabling them to seek the 20% contribution requirement from more types of organizations or allowing them to provide the contribution themselves. MSAA welcomes feedback on the proposal and has a particular interest in responses. Learn more [here](#)

Seeking Participants for Study on Dementia

This study, funded by the [Alzheimer Society Research Program](#), focuses on how ideas of capacity, consent, and decision-making affect people facing dementia who are “going it alone” and non-family, non-friend others who become involved in representing them as substitute decision-makers.

Currently interviewing eligible participants in Ontario and Alberta. Click on the image below for more details or read more about the study [here](#)

Stranger than Family: Decision-Making and Ethics of Substitution for People Living with Dementia Going it Alone

This study explores how people facing dementia alone are connected with a substitute decision-maker and how ideas about capacity, consent, and decision-making affect them.

Currently inviting interview participants in Ontario & Alberta who:

- Are facing dementia alone and are trying to find or have recently appointed a substitute decision-maker OR
- Are a healthcare or social service worker or other professional who has experience trying to connect adult clients with a substitute decision-maker OR
- Have experience as a substitute or supportive decision-maker for someone who is not a close family member or friend AND
- Can participate in an interview on Zoom, on the phone, or in-person.

To participate or for more information please contact
Dr. Celeste Pang at ncpang@mtroyal.ca

To learn more about the study go to:
celestepang.ca/stranger-than-family/

This study has received ethics approval from the Mount Royal University Human Research Ethics Board (Protocol #103536). It is funded by the Alzheimer Society Research Program.

 Société Alzheimer Society
CANADA

To participate or for more information, please contact Dr. Celeste Pang at ncpang@mtroyal.ca

Age Friendly News

[Government of Canada supports project to prevent and address mistreatment of older persons across Ontario](#) (*Canada.ca*)

[With Ontario's senior population about to spike, report predicts big demand for home care](#) (*CBC*)

[Rural seniors face more challenges than their urban counterparts](#) (*CKPGToday.ca*)

[Ontario Must Hire 6800 Additional Home Care PSWs by 2028 to Address Aging Population](#) (*Canada Newswire*)

[Is Canada ready for an increasingly diverse senior population? Here's what health experts say](#) (*CTV News*)

[Minister for Seniors to address Canadian Association of Retired Persons Annual General Meeting](#) (*Canada.ca*)

[Minister for Seniors to address Canadian Association of Retired Persons Annual General Meeting](#) (*Canada.ca*)

[Seniors' coalition organizing major summit to address homecare](#) (*CBC*)

Upcoming Webinars & Conferences

Mars 8 : [Maltraitance et bienveillance des personnes âgées](#) (RPMAFO, FARFO)

March 20 : [GGC's 24th Annual Gerontology Careers Night](#) (SFU Gerontology)

March 27 : [AGE-WELL & APPTA Policy Rounds: Accessible and effortless monitoring of chronic respiratory diseases in older adults: A data-driven approach for timely interventions](#) (Age-Well)

April 17-19 : [Advancing Senior Care](#) (Advantage Ontario)

May 15-17 : [Future of Aging Summit](#) (RTOERO)

June 2-5 : [2024 Summit: Claiming Our Space, Naming Our Future](#) (HelpAge Canada)

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