

# Ontario's Personal Income Tax, Credits and Benefits

## Tax Tips

### 1. File your Income Tax and Benefit Return even if you don't owe tax or have income

The return is also an application for government payments such as sales tax credits. To learn more, visit: [ontario.ca/taxreturn](https://ontario.ca/taxreturn)

### 2. Find out what's new in the tax return

The tax return can change every year. Do you know if recent changes affect you? To learn more, visit: [canada.ca/taxes-get-ready](https://canada.ca/taxes-get-ready)

### 3. Get help completing your tax return

Free tax-preparation clinics are available if you have modest income and a simple tax situation. To learn more, visit: [canada.ca/taxes-help](https://canada.ca/taxes-help)

### 4. Find benefits programs and estimate your tax credits

To learn more, visit: [ontario.ca/benefitsforpeople](https://ontario.ca/benefitsforpeople) and [canada.ca/benefits](https://canada.ca/benefits)

### 5. Stay updated

Subscribe to Ontario email alerts for new information on personal income tax, credits and benefit programs. Visit: [ontario.ca/finance-alerts](https://ontario.ca/finance-alerts)

## Resources

### Ontario

[ontario.ca/serviceontario](https://ontario.ca/serviceontario)

1 800 267 8097

### Ministry of Finance

[ontario.ca/page/ministry-finance](https://ontario.ca/page/ministry-finance)

1 866 668 8297

TTY: 1 800 263 7776

### Service Canada:

[servicecanada.ca](https://servicecanada.ca)

1 800 622 6232

TTY: 1 800 926 9105

### Canada Revenue Agency:

[canada.ca/taxes-seniors](https://canada.ca/taxes-seniors)

[canada.ca/taxes-students](https://canada.ca/taxes-students)

[canada.ca/taxes-newcomers](https://canada.ca/taxes-newcomers)

General line: 1 800 259 8281

Benefits line: 1 800 387 1193

### Publications:

- [RC4064: Disability-related Information](#)
- [RC4065: Medical Expenses](#)
- [P105: Students and Income Tax](#)
- [T4055: Newcomers to Canada](#)
- [RC4460: Registered Disability Savings Plan](#)

### COVID19-related resources:

- [ontario.ca/covid-19](https://ontario.ca/covid-19)
- [canada.ca/covid-19](https://canada.ca/covid-19)