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September, 2023

www.eapon.ca

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Welcome to our September e-Newsletter!

As the leaves begin to change and a new season unfolds, we are excited to bring you another issue filled with exciting news stories and updates. This issue serves as a reminder that the change of seasons is an ideal opportunity to recommit ourselves towards creating a safer and more secure Ontario for older adults in our communities.

Within this e-Newsletter, you will find insightful articles, helpful resources, and inspiring stories that

shed light on how we can all prevent elder abuse.

This month we recognize significant milestones and important dates that bring focus to issues affecting the lives of older adults: *National Day for Truth and Reconciliation, National Grandparents' Day, and World Alzheimer's Day.*

We look forward to our continued collaborations with each of you, our subscribers, community partners and the countless volunteers we engage with each day, to create stronger, interconnected, vibrant and safer communities for all seniors in Ontario!

Marta Hajek, CEO Elder Abuse Prevention Ontario

EAPO Upcoming Events and Webinars



In recognition of National Seniors Day

Older Adults and Housing Insecurity September 27th, 2023

The right to housing is a human right, yet a growing number of Canadians are faced with the challenges of a housing crisis. From housing shortage, to evictions, homelessness, financial abuse and ageism, older adults are particularly at risk and increasingly struggling.

EAPO and CNPEA are co-hosting an online panel discussion with experts in the field to hightlight the current housing challenges that olde Canadians face, the effect it has on their lives as well, as well as promising initiatives and policies, that provide an intersectional and age-friendly solutions.

Register Now



Power of Attorney: Advance Directions for Care and Financial Decisions (who decides and how decisions are made) October 16th, 2023

In this session, presenter, Melanie de Wit, Chief Legal Officer of Unity Health will provide an overview of Power of Attorney for Personal Care & Power of Attorney for Property (Finances), including: helping guide the kinds of decisions

that can be set out in POA documents; how a substitute decision maker should approach these decisions about care or finances. Ms de Wit will offer suggestions on how to address ageism and how we can meaningfully communicate our wishes to family and friends, who will be making decisions when we are no longer able to do so for ourselves.

Register now



2 Sided Mirror – Mixed Theatre Company October 30th, 2023

Join EAPO and the Mixed Company Theatre for an interactive, roleplaying based event about navigating a loved one's life-threatening illness, and supporting older adults through depression and suicidal ideation.

Reality based scenarios will demonstrate how we can support loved ones through major health related choices and the mental health impact, these illnesses can have on everyone involved.

Register now



AGEISM AWARENESS DAY: SPECIAL EVENT

October 5th, 2023 1:00 pm - 2:30 pm

October 7th is Ageism Awareness Day. To mark this occasion, Elder Abuse Prevention Ontario, the Canadian Network for the Prevention of Elder Abuse, and the Canadian Coalition Against Ageism are teaming up to host a special online event.

The event will bring together Dr. Kiran Rabheru and Margaret Gillis (ILC Canada, co-founders of the Canadian Coalition Against Ageism) and Dr. Claudia Mahler, the United Nations Independent Expert on the Enjoyment of all Human Rights by Older Persons.

More information coming soon!

RESERVE YOUR SPOT : https://eapon.ca/Ageism_SpecialEvent



Le Programme BIEN en résidence : promouvoir la bienveillance et lutter contre l'intolérance entre les personnes vivant au sein de milieux de vie collectifs et locatifs pour ainés *16 novembre, 2023*

Ce webinaire vise à présenter le Programme BIEN en résidence qui a pour objectif de promouvoir la bienveillance et de lutter contre l'intolérance entre les personnes vivant au

sein de milieux de vie collectifs et locatifs pour ainés autonomes et semi-autonomes.

Inscrivez-vous ici



GIFT in Residence: Promoting goodwill and countering intolerance between people living within collective and rent based environments for older adults. *November 23th, 2023*

This webinar will provide an overview of the GIFT in Residence Program, which promotes goodwill and ways to counter the intolerance between people living within

collective and rent based environments, for autonomous and semi-autonomous older adults.

Register now

Read EAPO's Blog



Is that you, dear? Why seniors may be worse at detecting voice-generated AI — and the scams that use it

Scientists suggest seniors may be less attuned to the emotion-free speak of AI (Artificial Intelligence technology). But what if it's tied to our confusion over how younger humans speak?

If you are an older adult perhaps pay attention, since you're

the audio scammers ideal target. Not because you're confused by new technology. Not because your open and generous nature makes you fork over thousands of dollars to strangers. And not even because — although this seems like the obvious answer — you don't hear as well as you once did... Continue reading here

5 Cyber Scams Targeting Seniors

Elder fraud can take many forms and is a growing problem in Canada and worldwide. With a general rise in online scams — and seniors' increased adoption of smartphones and the internet — cyber crimes against Canada's older population are resulting in staggering financial losses. Why are seniors targets for cyber fraud? Continue reading <u>here</u>





Grandparent's Day

Grandparents! Where would we be without them? Traditionally observed on the first Sunday after Labor Day, National Grandparents Day is celebrated this year in Canada on Sunday, September 10, 2023.

Continue reading here

New Elder Abuse Reports and Resources





Report on violence, abuse and neglect of older persons NEW PUBLISHED 7 August 2023

In the present report, submitted pursuant to Human Rights Council Resolution 51/4, the Independent Expert on the enjoyment of all human rights by older persons, Dr. Claudia Mahler, provides an overview of her activities during the reporting period and a thematic analysis of violence against and abuse and neglect of older persons. She examines the different manifestations of abuse in older age and reviews prevention and protection measures.

Read full Report See available official language

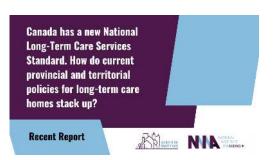
> R I O Centres for Learning, Research & Innovation in Long-Term Care

Respecting Resident Rights in Long-Term Care NEW, FREE Orientation eLearning Course

This is a self-paced, interactive eLearning course that reviews the 29 resident rights defined in the Fixing Long-Term Care Act.

Everyone working, volunteering, or visiting long-term care homes plays a significant role in ensuring residents feel at home, are treated with kindness and respect, and receive the necessary support and services for their health and well-being. Throughout this course, learners will immerse themselves in an interactive long-term care setting that incorporates real-life situations shared by Ontario LTC residents.

Created by the <u>Ontario Centres for Learning</u>, <u>Research and Innovation (CLRI) in Long-Term</u> <u>Care</u> at the <u>Research Institute for Aging</u> (RIA) in consultation with <u>OARC</u> Resident Leaders. Learn more about the course here.

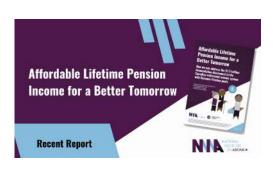


A National and International Jurisdictional Review and Comparative Analysis of Long-Term Care Home Legislation, Policies, Directives and Standards with HSO's 2023 National Long-Term Care Services Standard

Earlier this year, **Health Standards Organization** (HSO) published a new <u>National</u> Long-Term Care Services Standard to provide

guidance on the delivery of resident-centred, high-quality long-term care services. The **National Institute on Ageing**, in collaboration with HSO completed a national review taking stock of the policy and regulatory landscape at the provincial, territorial and federal levels. Findings conclude that standards of care for services in LTC homes vary widely among Canada's provinces and territories, underscoring the need for more work to be done to reach this new national benchmark.

Read the report here



Affordable Lifetime Pension Income for a Better Tomorrow

A report published by the **NIA** and the **Global Risk Institute** explains why Dynamic Pension pools are urgently needed to make retirement income security possible for millions of Canadian seniors. With 10 million baby boomers now entering retirement — with longer life expectancies and a greater dependency on private savings to sustain

them — it's more important than ever to find solutions that will help retiring Canadians turn their accumulated savings into low-cost lifetime pension income.

Read the report here

CanAge Adult Vaccination in Canada Cross-Country Report Card 2022-2023

In the third annual Vaccine Report Card (2022-23), CanAge, Canada's national seniors advocacy organization is sending a sharp warning that Canada needs to start taking national immunization seriously, particularly for Influenza, Shingles, and Pneumonia. This warning is also in the context of the approval of the long-anticipated RSV vaccine for Canadian adults 60+, currently under recommendation review by NACI.

Read: <u>National Media Release</u> Download: <u>CanAge vaccine-report-2022-2023</u>

CanAge.

Adult Vaccination in Canada Cross-Country Report Card 2022-2023



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Improving Accountability in Health Care for Canadians

The CMA developed a series of ambitious targets that governments can use to drive health system improvements. These targets build on the conditions included in the 2023 federal, provincial and territorial bilateral agreements on health. They also build on solutions the CMA has long been advocating for such as pan-Canadian health workforce planning, scaling up team-based primary care, and expanding the mobility of health professionals.

Read the report here

Canadian Traumatic Brain Injury Clinical Practice Guideline: New and Improved *Aishwarya Nair, Judith Gargaro, Mark Bayley*

Traumatic brain injuries (TBI) are chronic injuries that can require care and support over the lifespan. It is common that as people age, their care needs change and often intensity. People with lived experience of a brain injury (and/or spinal cord injury) are no exception and often experience accelerated aging processes. It is important that recovery be optimized after injury to set the person on good recovery and aging pathways. Continual review of the research and clinical evidence is necessary to ensure that clinical practice guidelines are providing the best possible recommendations.

The Guideline can be an effective resource not only for clinicians, but also for those with lived experience of brain injury, their family, caregivers, and friends. Alongside providing an understanding of best-care practices, it can help people with lived experience of brain injury advocate for appropriate and timely care.



CANADIAN CLINICAL PRACTICE GUIDELINE FOR THE REHABILITATION OF ADULTS WITH MODERATE TO SEVERE TBI

The <u>Canadian Clinical Practice</u> <u>Guideline for the Rehabilitation of</u> <u>Adults with Moderate to Severe TBI</u> has been updated with new evidence!

After extensive review of new literature and engagement of key clinical partners, we have produced updated:

- 1. Best-Practice Recommendations
- 2. Clinical Tools

3. **Resources** developed specifically for people with lived experience of brain injury and their family/friends/caregivers

Access the Guideline and Care Pathways by scanning the QR codes below!



Fraud and Scam Prevention for Older Adults



Identifying home improvement and loan scams targeting seniors: A guide to protecting vulnerable adults

Home improvement projects can be a great way to update and enhance your living space. For some older adults in Canada, however, these projects can sometimes lead to scams and financial abuse. This article informs seniors how to spot a scammer and how to protect against scams and frauds.



Do you want to learn more on financial abuse prevention?

The <u>CBA</u> offers a financial literacy seminar: <u>Your Money</u> <u>Seniors</u>. Bankers volunteering their time, will deliver a free inperson or online seminar to seniors' groups. Request a seminar by : Email : <u>yourmoney@cba.ca</u> or

Read Article



Introducing the new GetSmarterAboutMoney.ca

Being educated and informed as an investor helps you better protect and grow your money. Take a moment and tour the new <u>GetSmarterAboutMoney.ca</u>. The Ontario Securities Commission's (OSC) popular

education website has new artificial intelligence tools, the latest accessibility features, and significant design innovations. **Read about all it features** <u>here</u>

Opportunities for making a difference for Older Canadians



Employment and Social Development Canada (ESDC) is recruiting candidates to fill vacancies on the National Seniors Council.

ESDC is looking to recruit candidates with expertise and experience working with older adults or on population aging issues to fill vacancies on the National Seniors Council. ESDC is seeking applicants who represent and have experience working with Canada's diverse

population, including: older adults; immigrants; 2SLGBTQI+ people; women; visible minorities; Indigenous people; disability communities. Make sure to apply by October 3.

View the Notice of Appointment Opportunity and apply here



Documentary Film Call for Participants

Elder Abuse Prevention Ontario has teamed up with a documentary film company, *Rotating Planet Productions*, to raise awareness about their **new film on Ageism**, entitled **"A Class of Ages"**, set to air Winter 2024.

As a movement for seniors' rights intensifies around the world, "A Class of Ages" follows the story of a mixed class of students and seniors, who, over the course of their semester at the University of Toronto, clash with the idea that generational segregation has fueled an epidemic of ageism, loneliness, and social exclusion. This class will act as a portal to other intergenerational initiatives and necessary conversations surrounding ageism so that every Canadian can age with dignity.

In order to tell this incredibly important and timely story, the team at Rotating Planet Productions is **looking for senior volunteers** who would be comfortable sharing their personal experience of ageism and elder abuse to raise visibility and awareness for the reality that older adults face in long-term care homes, the workplace, hospitals, health centres, home, and in society as a whole.

Rotating Planet understands this difficult topic should be handled with extreme care and compassion. Therefore, they are offering volunteers the choice to sharing their story anonymously, either on-screen or off, to ensure each interaction is completely confidential unless stated otherwise. Interviews can be conducted by phone or in-person.

If you are interested in being involved in the film, please contact development researcher, Clare Duncan, at **clare@rotatingplanet.com** by *October 15, 2023.*

Funding Opportunity: New Horizons for Seniors Program



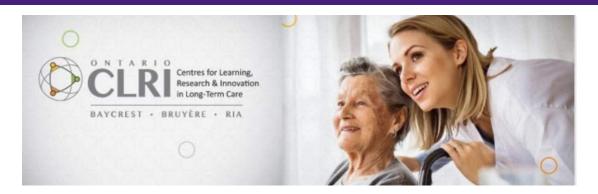
The community-based stream of the <u>New Horizons for Seniors</u> <u>Program</u> is a federal grant that supports community-based projects that are designed by seniors for seniors.

Who can apply: Eligible organizations can apply for up to \$25,000 for projects that are led by seniors and are volunteer based.

Funding amount: Up to \$25,000 Application deadline <u>extended</u>: September 28, 2023

Learn more and apply here

Education Fund for Long-Term Care Team Members



The Ontario Centres for Learning, Research and Innovation in Long-Term Care (Ontario CLRI) at the Schlegel-UW Research Institute for Aging (RIA) is pleased to announce the **renewed funding for enhanced training for direct-care team members in long-term care (LTC)**. The funds will be distributed through the Personal Support Worker Education Fund in Long-Term Care (PSW Fund) and are provided by the Ontario Ministry of Long-Term Care.

Learn more here

Inclusive Community Grant Recipients



The Township of Alfred and Plantagenet is receiving \$60,000 from the Inclusive Community Grants Program to build an Elder Park.

This program supports projects that help make Ontario more inclusive and accessible for everyone.

Ontario's Inclusive Community Grants Program supports community projects that:

* benefit local communities

* promote accessibility, safety and active living for people of all ages and abilities meet the needs of seniors and people with disabilities

Learn about ALL the projects that received funding here

Age Friendly News

- Canada must be better prepared to
- Health Canada approves 1st RSV

<u>care for seniors</u> (Ontario Hospital Association)

- Immigrant seniors lonelier than those born in Canada but research lacking: StatsCan (Globe and Mail)
- <u>Maintaining Connections: Social and</u> <u>Digital Links Later in Life</u> (OECD)
- Ontario seniors separated in longterm care pushing for right to remain together (CTV News)
- <u>Anything is possible: Canadian</u> organization granting wishes to older adults (CTV News)

vaccine for people 60 and older (CBC News)

- <u>Air Purifiers Donated to Help</u> <u>Vulnerable Residents Amidst Poor</u> <u>Air Quality from Fires</u> (PTBO Today)
- Over 40 seniors attend Lunch and Learn event (Brant Beacon)
- <u>County of Simcoe accepting</u> <u>nominations for awards honouring</u> <u>age-friendly businesses and</u> <u>individuals</u> (Simcoe.com)
- <u>Aging in a Perilous Time</u> (Alberta Prime Times)

Upcoming Webinars & Conferences



Authority

RHRA's Virtual AGM and Recognition Event September 21, 2023, from 3:00 pm – 4:30 pm

The AGM will include remarks from RHRA CEO and Registrar, Jay O'Neill, and RHRA Board Chair, Alex Yuan, as well as the Minister for Seniors and Accessibility, the Hon. Raymond Cho.

RHRA will also share stories of remarkable retirement home

residents as part of our **Resident Champion Award**, as well as a **Community Partner** who has provided assistance to RHRA in its resident protection mandate. **RSVP** <u>here</u>



CANADIAN NETWORK for the **PREVENTION** of **ELDER ABUSE**

RÉSEAU CANADIEN pour la PRÉVENTION du MAUVAIS TRAITEMENT des AÎNÉS

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2023 33RD UN INTERNATIONAL DAY OF OLDER PERSONS FULFILLING THE PROMISES OF THE UNIVERSAL DECLARATION OF HUMAN REMITS FOR OLDER PERSONS ACROSS

JOIN US!

October 2 2023

UN Headquarters

Registration Link:

M&TBank AARP

FINANCIAL SPONSORS Real Possibilities

https://www.eventbrite.com/e/2023-international-day-of-

older-persons-celebration-registration-699117488227

CNPEA AGM Thursday, September 21, 2023 10 AM to 11:30 AM (PT) /

1 PM to 2:30 PM (EST))

Register Here

United Nations International Day of Older Persons (INDOP)

Fulfilling the Promise of the Universal Declaration of Human Rights for Older Persons Across Generations

2nd October 2023 10:00 am-1:00 pm EDT The UNIDOP aims to enshrine and promote the rights of older persons, and to engage and mobilize advocates to protect those rights.

The event will be held in-person and also broadcasted via UN Web TV

(https://media.un.org) that will involve a multistakeholder dialogue. Register here

and the second

Sept. 29-30: CAGP-CCSMH 2023 Annual Scientific Meeting -Addressing Complexity

in Seniors' Mental Health

Oct. 2: UN-INTERNATIONAL DAY OF OLDER PERSONS CELEBRATION

Oct. 13: Fountain of Health: The Art & Science of Aging Well

Oct. 22-24: This is Long Term Care: From Innovation to Impact, Ontario Long Term Care Association's (OLTCA) Conference

Oct. 23-24: Older Adult Centres' Association of Ontario: Aging Well Conference

Oct. 23-27, 2023: AGE-WELL: Age-Tech Innovation Week

Oct. 24-26: AGE-WELL Annual Conference: Shaping the Future of Healthy Aging

Oct. 26-28: Canadian Association on Gerontology: Community Engaged Teaching, Research, and Practice



Walk With Me Conference: Call for Sessions Do you have an innovative and creative idea to help reimagine senior living? This is your opportunity to share! Submit your mini-workshop, panel, knowledge exchange or creative expression/performance session for #WalkWithMe2024 by September 19.

Walk with Me (WWM) is a national conference aimed at changing the culture of aging in Canada. For more information visit the-ria.ca/walkwithme



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