

1. File your Income Tax and Benefit Return even if you don't owe tax or have income

- The return is also an application for government payments such as sales tax credits. To learn more, visit: ontario.ca/taxreturn

2. Find out what's new in the tax return

- The tax return can change every year. Do you know if recent changes affect you? To learn more, visit: canada.ca/taxes-get-ready

3. Get free help completing your tax return

- Free tax-preparation clinics are available if you have modest income and a simple tax situation. To learn more, visit: canada.ca/taxes-help

4. Find benefits programs and estimate your tax credits

- To learn more, visit ontario.ca/benefitsforpeople and canada.ca/benefits

5. Stay up-to-date

- Subscribe to Ontario email alerts for new information on personal income tax, credits and benefit programs. Visit: ontario.ca/finance-alerts

6. Find COVID-19-related resources

- Provincial resources: ontario.ca/covid-19
- Federal resources: canada.ca/covid-19

7. Telephone resources

- Ontario Ministry of Finance: 1 866 ONT TAXS (1 866 668 8297)
- ServiceOntario: 1 800 267 8097
- Canada Revenue Agency: 1 800 259 8281
- Canada Revenue Agency Benefits Enquiries: 1 800 387 1193
- Service Canada: 1 800 O CANADA (1 800 622 6232)

8. Additional resources:

Government of Ontario:

- ServiceOntario: [ontario.ca/serviceontario](https://www.ontario.ca/serviceontario)
- Ministry for Seniors and Accessibility: [ontario.ca/page/ministry-seniors-accessibility](https://www.ontario.ca/page/ministry-seniors-accessibility)

Government of Canada:

- Service Canada: [servicecanada.ca](https://www.servicecanada.ca)
- Canada Revenue Agency webpages:
 - [canada.ca/taxes-seniors](https://www.canada.ca/taxes-seniors)
 - [canada.ca/taxes-students](https://www.canada.ca/taxes-students)
 - [canada.ca/taxes-newcomers](https://www.canada.ca/taxes-newcomers)
- Canada Revenue Agency publications:
 - **RC4064:** Disability-related Information
 - **RC4065:** Medical Expenses
 - **P105:** Students and Income Tax
 - **T4114:** Canada Child Benefit and related provincial programs
 - **T4055:** Newcomers to Canada
 - **RC4460:** Registered Disability Savings Plan