

# Ontario's Personal Income Tax, Credits and Benefits: Tax Tips and Resources

## 1. File your Income Tax and Benefit Return even if you don't owe tax or have income

The tax return is an application for government payments such as sales tax credits.

To learn more, visit: [ontario.ca/taxreturn](https://ontario.ca/taxreturn)

## 2. Find out what's new in the tax return

The tax return can change every year. Do you know if recent changes affect you? To learn more, visit:

[canada.ca/taxes-get-ready](https://canada.ca/taxes-get-ready)

## 3. Get help completing your tax return

**Free** tax-preparation clinics are available if you have modest income and a simple tax situation.

To learn more, visit: [canada.ca/taxes-help](https://canada.ca/taxes-help)

## 4. Find benefits programs and estimate your tax credits

- [ontario.ca/benefitsforpeople](https://ontario.ca/benefitsforpeople)
- [canada.ca/benefits](https://canada.ca/benefits)

## 5. Stay updated

Subscribe to Ontario email alerts for new information on personal income tax, credits and benefit programs.

Visit: [ontario.ca/finance-alerts](https://ontario.ca/finance-alerts)

## Ontario

[ontario.ca/serviceontario](https://ontario.ca/serviceontario)

1-800-267-8097

TTY: 1-800-268-7095

## Ministry of Finance

[ontario.ca/page/ministry-finance](https://ontario.ca/page/ministry-finance)

1-866-ONT-TAXS (1-866-668-8297)

TTY: 1-800-263-7776

## Service Canada:

[servicecanada.ca](https://servicecanada.ca)

1-800-O-CANADA (1-800-622-6232)

TTY: 1-800-926-9105

## Canada Revenue Agency:

[canada.ca/learn-about-taxes](https://canada.ca/learn-about-taxes)

[canada.ca/taxes-seniors](https://canada.ca/taxes-seniors)

[canada.ca/taxes-students](https://canada.ca/taxes-students)

[canada.ca/taxes-newcomers](https://canada.ca/taxes-newcomers)

General line: 1-800-259-8281

Benefits line: 1-800-387-1193

Ontario payments: 1-877-627-6645

## Publications:

- [RC4064: Disability-related Information](#)
- [RC4065: Medical Expenses](#)
- [P105: Students and Income Tax](#)
- [T4055: Newcomers to Canada](#)

Dial **211** or visit [211ontario.ca](https://211ontario.ca)