HOPE for the Risk Assessment and Management of Older Adult Abuse

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▶ Introduce the HOPE

- ▶ Via case study identify the empirically based risk and vulnerability factors for older adult abuse
 - ▶ Consider how these help to assess risk
 - Consider how these help to inform management
- Signpost to:
 - Ongoing work
 - ▶ Tomorrow's workshop

Terminology

- Older adult
 - ▶ Older person, senior, elderly
- Abuse
 - Cause harm: violence, serious psychological distress, mistreatment
 - Five WHO types: physical, psychological/emotional, financial, sexual and neglect
 - Actual, attempted or threatened
 - Person of trust, responsibility or authority

Underexamined but Potentially Growing Problem

- Prevalence: 1 in 6 of adults 60+ years (WHO, 2022)
- Increasing elderly population
- Limited research and practice*
- Areas of advancement relevant to risk assessment
 - Dynamic of abuse
 - Risk factors (less protective)

Older Adult Abuse: Dynamics

- Perpetrators usually known to the victim
 - Adult children and spouses
- Adult child/parent dynamics difficult:
 - Ambivalence
 - ▶ Protection
 - ▶ Shame & self blame
- Working with the victim often involves providing support and choices for the accused/offender
 - Getting victim to see intervention as positive

Older Adult Abuse: Dynamics

- ▶ The caregiver model is <u>atypical</u>.
 - Unemployed, substance abuse problems, mental illness and dependent.
 - ▶ Unlike our stereotypical view of the elderly.
- Phenomenon is broader than a single theory.

The Need for Risk Assessment

- Many screening tools
 - Aim to identify abuse (assume no reporting)
 - Assess through victim, suspected perpetrator or observation
- What do we do when abuse is identified?
 - Which perpetrators are likely to continue the abuse?
 - Who will escalate from intimidation or threats to assault, or from assault to life-threatening violence?
 - Who will act imminently?
 - How do we select and allocate management strategies?

Older Adult Abuse: Risk Factors

- Over 190 studies
- Risk factors across 4 domains
 - 1. Nature of Abuse
 - 2. Perpetrator
 - 3. Victim
 - 4. Community and Institution

Harm to Older Persons Evaluation: HOPE

- Actual, attempted, or threatened physical or serious psychological harm
- Against vulnerable older adults
- Perpetrated by people who are in positions of trust, responsibility, or authority
- Focus on dynamic risk factors
- Structured Professional Judgement
- EAPO training in April

HOPE

User Manual for the Harm to Older Persons Evaluation

Jennifer E. Storey, Stephen D. Hart, & P. Randall Kropp

HOPE Risk and Vulnerability Factors

HOPE: Perpetrator Risk Factors

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Case ratings

P1. Physical Health Problems

•Includes illness and functional impairment.

X

P2. Mental Health Problems

• Problems with mental & personality functioning.

Ś

P3. Substance Use Problems

•Serious problems with health or social functioning resulting from the use of illegal drugs or the misuse of legal drugs.

√

P4.
Dependency

• Perpetrator is dependent on the victim.

HOPE: Perpetrator Risk Factors

Case ratings

P5. Problems with Stress and Coping

 Problems with stress related to an inability to cope with life problems.

P6. Problematic Attitudes

 Problems with attitudes related to caregiving, older persons or the rights of others.

P7. Victimization

 Previous abuse experienced or witnessed during childhood or adolescence.

P8. Problems with Relationships

 Problems establishing or maintaining positive, prosocial intimate and nonintimate relationships.

Case ratings

V1. Physical Health Problems

•Includes illness and functional impairment.

X

V2. Mental Health Problems

• Problems with mental & personality functioning.

√

V3. Substance Use Problems Serious problems with health or social functioning resulting from the use of illegal drugs or the misuse of legal drugs.

X

V4.
Dependency

• Victim is dependent on the perpetrator.

X

HOPE: Victim Vulnerability Factors

Case ratings

V5. Problems with Stress and Coping

 Problems with stress related to an inability to cope with life problems.



V6. Problematic
Attitudes

• Serious problems with victim's minimization of and inconsistent attitudes toward perpetrator, their behavior, and the risks they pose.



V7. Victimization

• Previous abuse experienced or witnessed by the victim.



V8. Problems with Relationships

 Including problems with the perpetrator and others, and the victim's living arrangements with these individuals.



How might this inform management?

- Ronnie
 - Substance use problems
 - Dependency
 - Problems with stress and coping
 - Problematic attitudes
 - Victimization
 - Problems with relationships
- Peter
 - Mental health
 - Problems with stress and coping
 - Problematic attitudes
 - Problems with relationships

How might this help to assess risk level?

- ▶ The HOPE guides the evaluator
 - ▶ In considering risk factors across 4 domains
 - ▶ Nature of Abuse
 - ▶ Perpetrator
 - ▶ Victim
 - ▶ Community and Institution
 - ▶ In reaching a judgment about risk, level of management and imminence
 - ▶Low, moderate or high

Ongoing Work

- Additional short version of the HOPE
 - From comprehensive risk assessment to triage?
 - Practitioner views: Workshop tomorrow 10:30-12 EST (*limited spaces)
- Current NIH/NIA grant with colleagues at USC's Keck School of Medicine
 - Risk Screening & Primary Prevention of Elder Abuse in People Living with Dementia.
 - Develop risk assessment tool
 - ▶ Focus: medical field & victims with dementia

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