



Elder Abuse
Prevention
Ontario

FREE WEBINAR

Help Us Remain – Bring Care for Identity to Care for Dementia

Tuesday, January 30th

1:00 PM - 2:00 PM (EST) 

Speaker: *AJ Adams (He/Him)*
Manager, Communications
Egale Canada

Ontario 



LAND

ACKNOWLEDGEMENT

WEBINAR LOGISTICS

Communication

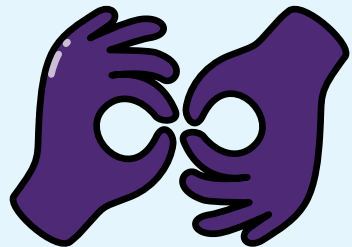


Microphones: All attendees will be muted during the webinar.

CHAT Box - Welcome to post comments during the session.

Q & A - Type your questions in Question/Answer box. Responses will be posted during the webinar and/or addressed to the speaker after the presentation.

ASL



- **Image and name** (ASL Interpreter) on screen
- PIN ASL Interpreter - Option on your computer - click name of person
- Speaker /Gallery view- Grid at top of right corner - click choose the layout of images on your screen
- Closed Captioning- Enable or Disable

WEBINAR LOGISTICS

Evaluation



Your feedback on knowledge gain from the session and suggestions for future topics is appreciated. Options to access survey:

- Pop-up notice on computer at end of session with survey link
- Follow-up email with survey link

Recording



A recorded version of this webinar will be available on EAPO's website within 1-2 days after the session.

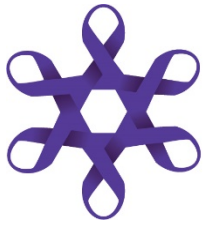
Links and documents shared during the webinar will also be posted.

Respecting Privacy and Confidentiality



We appreciate there may be personal circumstances or issues which participants may wish to address. However, in keeping with our commitment to maintaining your privacy and confidentiality, today we will be answering general questions posed through the Q&A.

If someone wishes to discuss specific circumstances, we invite you to contact EAPO following this webinar to arrange for a confidential conversation so that we may further assist you.



**Elder Abuse
Prevention
Ontario**

MISSION

EAPO envisions an Ontario where ALL seniors are free from abuse, have a strong voice, feel safe and respected.

EAPO is mandated to support the implementation of Ontario's Strategy to Combat Elder Abuse.

Funded by the ON Government, under the Ministry for Seniors and Accessibility (MSAA)



STOP ABUSE –

SIMPLY PUT, WE ALL HAVE A ROLE TO PLAY

RESTORE RESPECT

Ontario's Strategy to Combat Elder Abuse

1

Public Education and Awareness

A Province-wide, multi-media public education campaign to promote awareness about elder abuse and provide information on how to access services.

2

Training for Front-Line Staff

Specialized training to staff from various sectors, who work directly with seniors, to enhance their knowledge and skills to recognize and respond to elder abuse.

3

Co-ordination of Community Services

To strengthen communities across the province by building partnerships, promoting information sharing and supporting their efforts to combat elder abuse.



Co-ordination of
Community Services

Training for
Front-Line Staff

Public Education
and Awareness

3 Pillars of the Strategy

Presenter



AJ Adams (He/Him)
Manager, Communications

Egale Canada

AJ is a communications professional and social change advocate with a passion for 2SLGBTQI and social issues.

With over a decade of experience, his career involves extensive experience in nonprofit and public sector communications, advocacy and political organizing.

He spent a large portion of his career working within the seniors, dementia and healthcare sectors – including three years as the Communications Officer at the Ontario Centres for Learning, Research and Innovation in Long-Term Care.

HELP US REMAIN

BRING CARE FOR IDENTITY
TO CARE FOR DEMENTIA.

HELP US REMAIN

AJ Adams is presenting from his home in what is colonially known as Ottawa, Ontario.

Ottawa is built on unceded **Anishinabe Algonquin** territory. The peoples of the Anishinabe Algonquin Nation have lived on this territory for millennia. Their culture and presence have nurtured and continue to nurture this land and waterways.

We recognize all First Nations, Inuit and Métis peoples across Turtle Island - including Two Spirit, Indiqueer and LGBTQI Indigenous Peoples.

Egale



Image by Canada's History

Meet Your Webinar Presenter

AJ Adams (he/him)

Manager, Communications @ Egale Canada

Ottawa, ON

Diploma in Public Relations

BA in Community Leadership and Equity, Diversity & Human Rights



Spent a large portion of his career working within the seniors, dementia and healthcare sectors – including three years as the Communications Officer at the **Ontario Centres for Learning, Research and Innovation in Long-Term Care.**



Egale Canada

Egale is Canada's leading organization for 2SLGBTQI people and issues.

We improve and save lives through **research, education, awareness**, and by **advocating** for human rights and equality in Canada and around the world.

Our work helps create societies and systems that reflect the universal truth that all persons are equal and none is other.

Agenda

Section One:

2SLGBTQI Experiences with Dementia

Section Two:

Help Us Remain A Campaign from Egale Canada

Section Three:

Creating an Inclusive Future for 2SLGBTQI People Living with Dementia

Section Four:

Other Ways Egale Supports 2SLGBTQI Older Adults

**HELP US
REMAIN**

Section One:

2SLGBTQI Experiences with Dementia

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What is Dementia?

The term "dementia" doesn't actually refer to one, specific disease. Rather, it's an overall term for a set of symptoms that are caused by disorders affecting the brain.

Alzheimer's or Dementia?

- Alzheimer's disease
- Creutzfeldt-Jakob disease
- Dementia with Lewy bodies
- Frontotemporal dementia,
- Mixed dementia,
- Vascular dementia

More Than Memory Loss

- Memory loss, both short-term and long-term
- Difficulties with **thinking, problem-solving** or **language** that are severe enough to reduce a person's ability to perform everyday activities
- Changes in mood or behaviour.

Dementia is usually progressive

When there is no underlying medical condition causing this memory loss, it is known as **age-associated memory impairment.**

Causes of Dementia

While we know that neurodegenerative diseases, vascular diseases, head injuries and other risk factors *can* increase the chance of dementia, **we still don't know what exactly causes most dementias.**

Risk Factors

Risk factors on their own are not causes of a disease

High Blood Pressure

Smoking

Diabetes (type 2)

Social Isolation

Traumatic Brain Injury

Many Other Factors

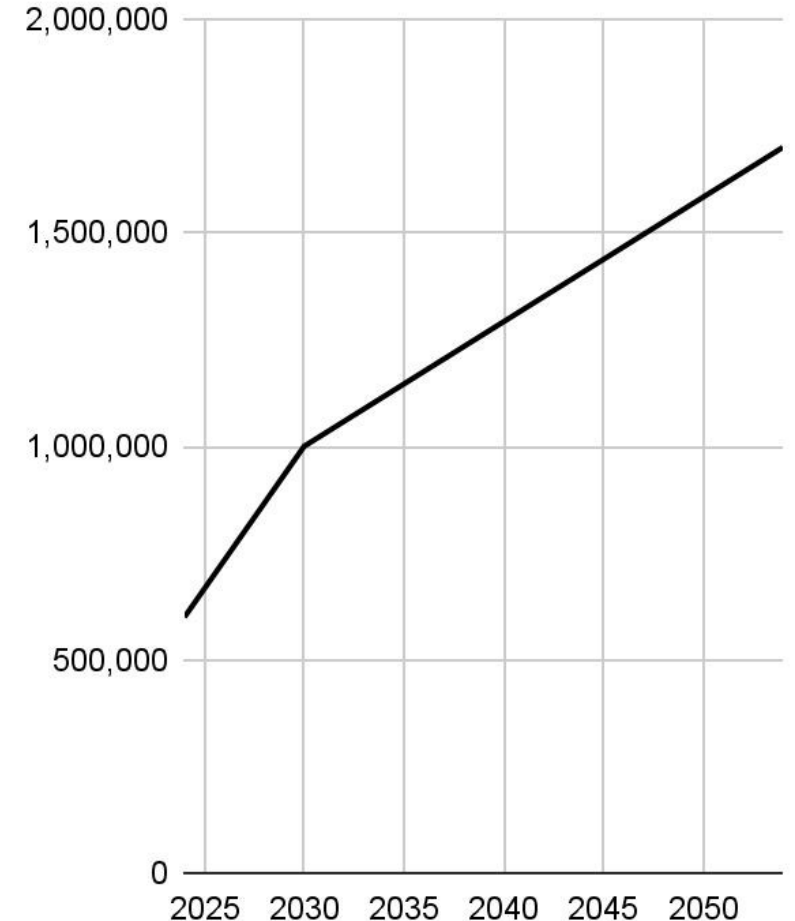
Dementia in Canada

By 2030, it is estimated that **1 million people** in Canada will live with dementia.

Over the next 30 years, it is anticipated the number of people living with dementia in Canada will grow by **187%**.

Dementia costs the healthcare system in Canada **\$10.4 billion a year**

Number of People in Canada Living with Dementia

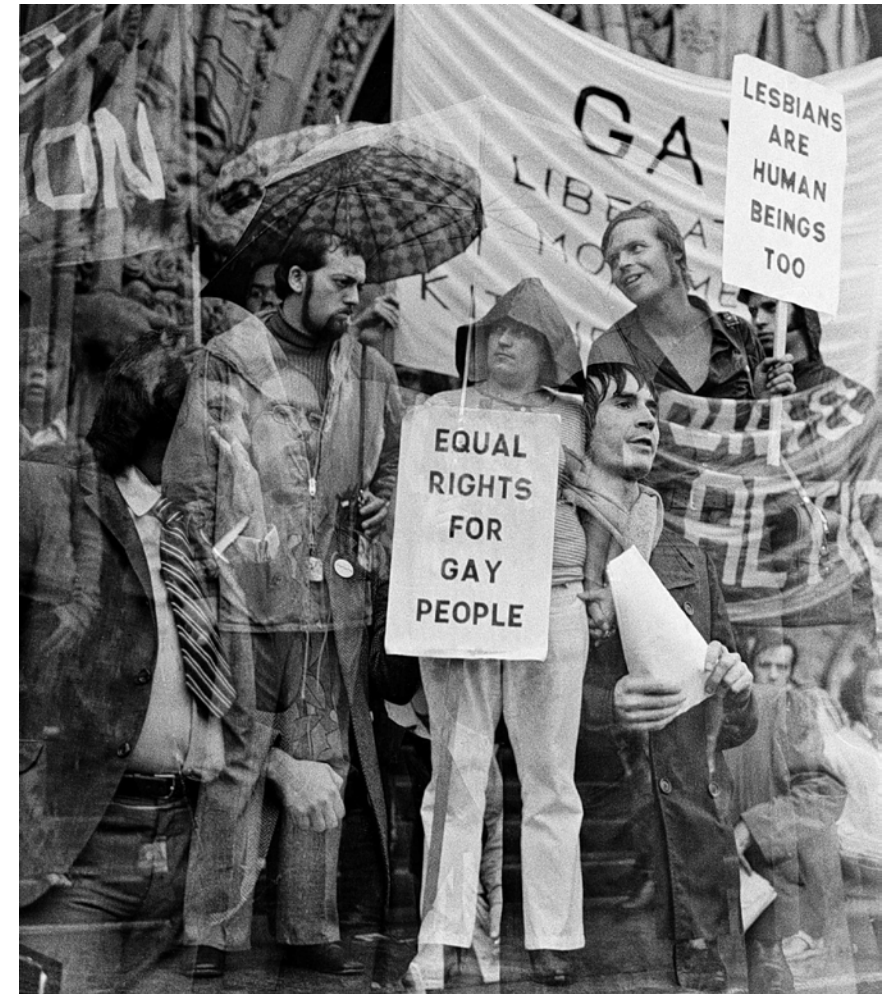


Alzheimer Society of Canada (2024)

An Aging 2SLGBTQI Population

Right now, we are seeing the first generation of openly 2SLGBTQI Canadians reaching their senior years, with **over 7% of the 2SLGBTQI population over 65.**

In their teens and early adulthood, these people were part of some of Canada's most important, historical moments for 2SLGBTQI identities, experiencing both historical discrimination and transformative victories.



Jearld Moldenhauer, "Ottawa Demo" (1971), The ArQuives Digital Exhibitions

2SLGBTQI adults have been found to have **higher rates** of cognitive impairment when compared to heterosexual or cisgender people (Flatt et al., 2018).



Why are 2SLGBTQI communities at a higher risk for dementia?



Remember this Slide?

2SLGBTQI people impacted by **victimization** and **discrimination** are at higher risk of experiencing what is known as **chronic minority stress** (*high levels of stress faced by members of stigmatized minority groups*) - which contributes to health disparities, including **cardiovascular disease** and **depression**, conditions that in turn increase risk for **premature cognitive decline** - and dementia.

2SLGBTQI
Identity

+ Intersectional Factors

Lifelong Social
Inequity / Chronic
Minority Stress

Cardiovascular
Disease,
Depression, etc.

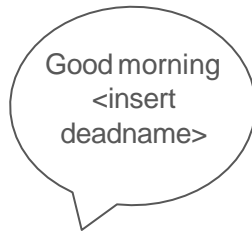
Increased Risk for
Premature
Cognitive Decline /
Dementia

What Challenges Do 2SLGBTQI People Impacted by Dementia Face?

When it comes to accessing care and support from healthcare institutions and social services in Canada, documented barriers for 2SLGBTQI people impacted by dementia include concerns about discrimination including:



I don't work with gay people.



Good morning
<insert
deadname>



You're too old
for hormone
therapy



Is this your
sister or
roommate?

Deeper Dive: Recognition of Significant Others

Same-Sex Partner

Seen as a sibling/friend and/or experiences queerphobia

Gender Diverse Partner

Partner misgendered and/or experiences transphobia

Chosen Family*

Not recognized or seen as a carer/support for 2SLGBTQI PLWD

Power of Attorney: It's important for 2SLGBTQI people who want chosen family to make decisions on their behalf have a **power of attorney****. In the absence of a power of attorney, medical practitioners will look to get direction from spouses, parents, or children first over chosen family members.

***Chosen family** (sometimes called “found family”) refers to group of people who intentionally chose to love and support each other, regardless of marriage or blood relationship. People may build and describe their chosen/found families differently.

****A Power of Attorney for Personal Care** is a legal document that gives someone the power to make decisions about your personal care.

Where 2SLGBTQI PLWD Meets Elder Abuse

Elder Abuse is “a single, or repeated act, or **lack** of appropriate action, occurring within any relationship where there is an **expectation of trust** which **causes harm or distress** to an older person.”

Elder abuse often occurs when there is an imbalance of control.

Possible Example

Doctor refuses to use they/them pronouns

Cause distress and/or harm to nonbinary PWLD

Elder Abuse

“

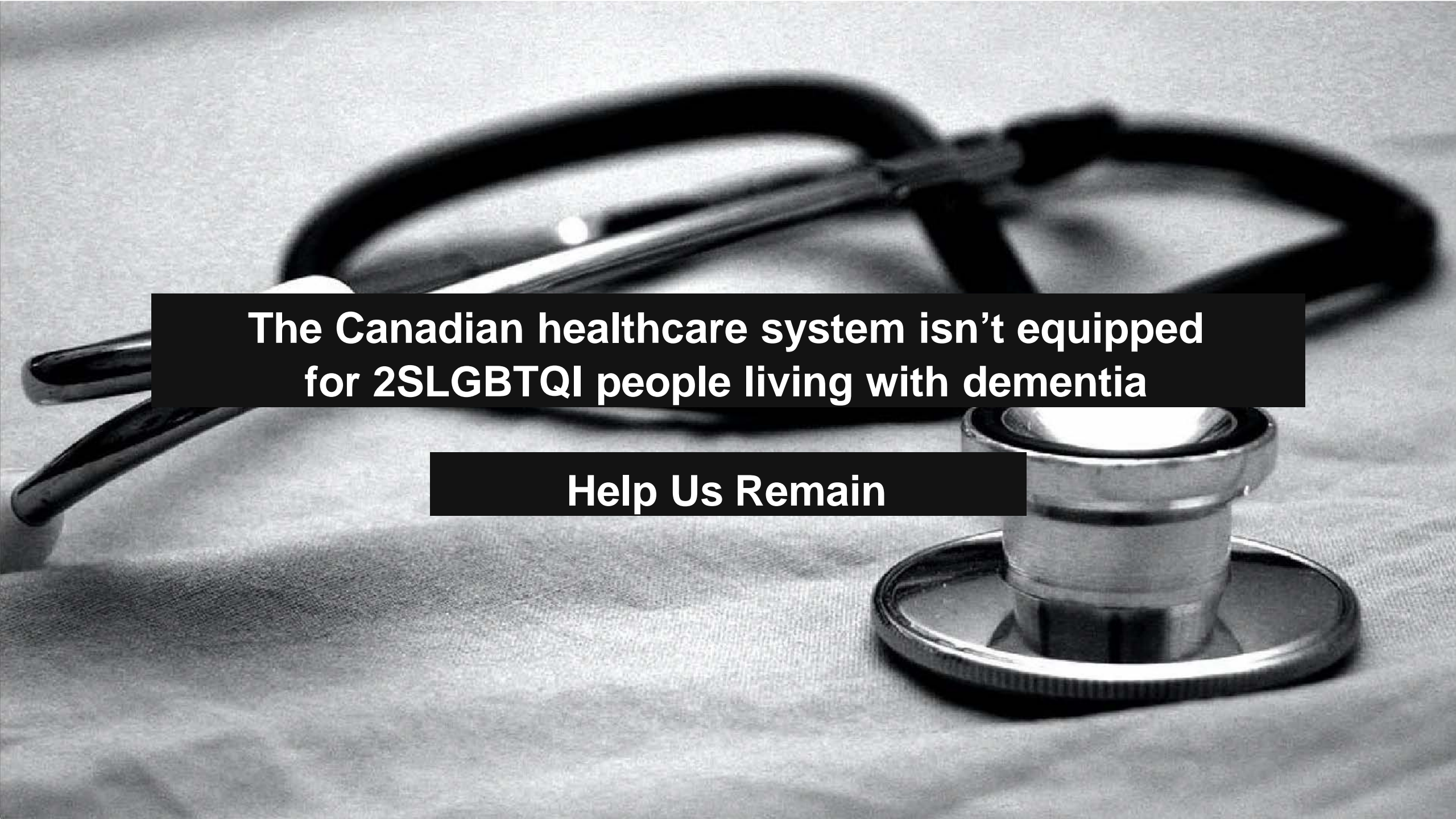
...I don't know that there's enough education on what it means to be **queer** and to have **dementia**.

We as a population are people, we're just people.

**We should be treated as people
and loved as people.**

(Flanagan & Pang, 2022, p.48)

”



**The Canadian healthcare system isn't equipped
for 2SLGBTQI people living with dementia**

Help Us Remain

**HELP US
REMAIN**

Section Two:

Help Us Remain

A Campaign from Egale Canada

Egale



The **Help Us Remain** campaign addresses the heightened risks of cognitive decline in our communities and aims to bring attention to the often-overlooked struggles faced by 2SLGBTQI people living with dementia.

By focusing on this issue, we strive to create a more inclusive and supportive healthcare system for everyone.



Public Health
Agency of Canada

Agence de la santé
publique du Canada





Hear Real Stories

The campaign includes the power of storytelling. Specifically 10 real stories of 2SLGBTQI people impacted by dementia. The stories explore evocative memories of our communities that demonstrate the importance of preserving queer identities and illuminates the concerns around cognitive decline and dementia

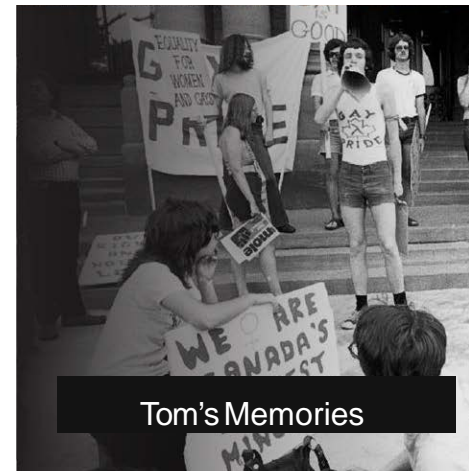
Listen to all 10 stories at egale.ca/dementia



Chris' Memories



Sharon's Memories



Tom's Memories



Shoshana's Memories



Richard's Memories



Jim's Memories

The Gallery of Memories

Egale hosted an immersive audio gallery in Toronto. *The Gallery of Memories: What's At Stake for 2SLGBTQI People Living with Dementia* amplified the voices of 2SLGBTQI individuals through personal stories and images. It aimed to raise awareness, foster empathy, and advocate for identity-centric dementia care. We were able to spark conversations, inspire understanding, and prompt action for more inclusive healthcare.



You're Invited to
The Gallery of Memories

WHERE:
The 519 Ballroom,
519 Church St., Toronto, ON

WHEN:
Friday, January 26 9 a.m. - 8 p.m.
Saturday, January 27 9 a.m. - 5 p.m.

WHAT:
An immersive audio and photo gallery
of impactful stories, memories and fears
of what's ahead for 2SLGBTQI people
with or at risk of dementia.

DON'T FORGET:
Bring your earphones (and some tissues)

#HelpUsRemain

Egale
egale.ca/dementia



Other Campaign Elements

The bilingual campaign also includes a national **social media campaign**, national **out-of-home ads** (bus shelters, billboards, etc.) and promotion of Egale's **dementia resources**.

Bus shelter ad in downtown Toronto (Jan 2024)

**HELP US
REMAIN**

Section Three:

Creating an Inclusive Future for 2SLGBTQI People Living with Dementia

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A photograph of a wooden brain-shaped object with a laser-cut pattern, a stethoscope, and several white pills on a concrete surface. The brain object is the central focus, with a stethoscope to its left and several white pills scattered around it. The background is a light-colored, textured concrete surface.

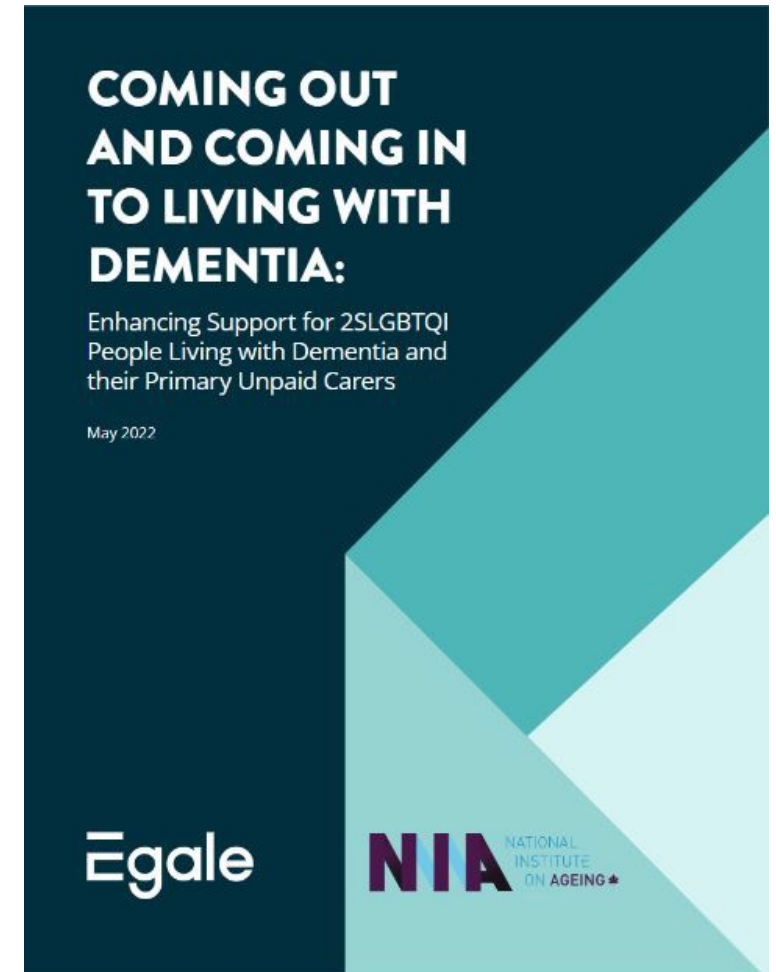
What needs to change?

How do we combat cis-hetero dementia care in Canada?

Coming Out and Coming in to Living Dementia

Through 2020-2022 **Egale Canada** partnered with the **National Institute on Ageing (NIA)** to conduct research focused on better understanding the experiences and perspectives of 2SLGBTQI people living with dementia and primary unpaid carers for 2SLGBTQI people living with dementia in Canada.

The findings of this report are the basis for Egale's resources, advocacy and Help Us Remain campaign.



1

Build 2SLGBTQI-inclusive dementia-related services and community spaces,

including integrating discussions about dementia into existing 2SLGBTQI and social groups and creating more opportunities for 2SLGBTQI people to come together in support and community.

2

Increase recognition and support for primary unpaid carers of 2SLGBTQI PLWD,

including through increasing recognition of diversely situated primary unpaid carers in workplace and government care policies and legislation, and creating dedicated spaces such as support groups for primary unpaid carers of 2SLGBTQI PLWD.

Unpaid carers provide **up to 75% of care services to older adults** living at home — estimated to equate to nearly **\$25 billion** of care annually *(Health Council of Canada, 2012)*

3

Enhance supports for 2SLGBTQI communities through structural and systems-level change,

including by reducing barriers to accessing dementia-related care in rural and small-town communities, and integrating 2SLGBTQI histories and experiences into core course content for healthcare and social service provider training across a range of professions.

4

**Broaden perspectives & deepen community engagement
future critical research,**

including through building rapport, trust, and accountability in relationship with 2SLGBTQI communities and community members, examining the particularities of living in suburban, rural, and remote areas for access to services and networks of support, and intentionally welcoming and learning from Indigenous, Black, and racialized 2SLGBTQI people who are living with dementia.

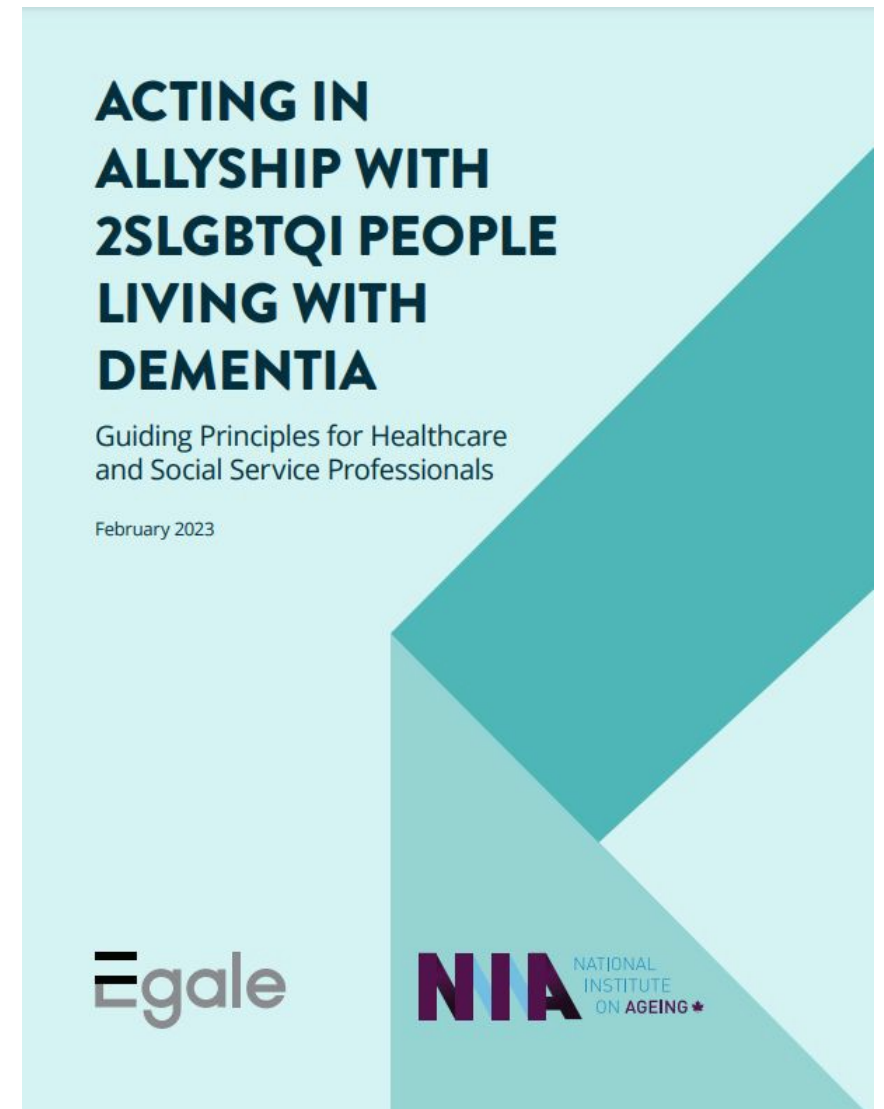
A wooden brain-shaped object with intricate cutouts, a stethoscope, and several white pills on a concrete surface.

Egale's Resources

To Create 2SLGBTQI-Inclusive Dementia Care

Acting in Allyship with 2SLGBTQI People Living with Dementia

Aimed at healthcare and social service professionals this document synthesizes research findings and recommendations - with considerations from current available research, existing relevant best practices and guidance, and expert opinion—into five guiding principles for better supporting 2SLGBTQI people living with dementia and their primary unpaid carers.



How to be an Ally to 2SLGBTQI People Living with Dementia

10 guiding principles for anyone on how to be an ally to 2SLGBTQI people living with dementia.

2SLGBTQI Identity and Dementia

How to be an Ally to 2SLGBTQI People Living with Dementia



1. Talk directly to me, don't talk as if I'm not there.
2. Let me make my own decisions. I might ask the person accompanying me for help understanding the information so I can make an informed decision. This does not necessarily mean they speak for me.
3. I may have difficulty or need extra time processing information due to my dementia. Please be patient.
4. When setting up a referral, ask me if there is any personal or relationship information I would like passed along ahead of time to make the transition safer and more comfortable for me.
5. Don't make assumptions about me or my abilities based on my identity or my diagnosis.
6. Don't make assumptions about my relationships or care networks based on my sexual orientation, gender, racial or ethnic background, age, or other aspects of my identity. This includes assumptions about the level of support I have available.

Nice to Meet You: What I'd like Healthcare & Social Service Providers to Know About Me

2SLGBTQI people living with dementia (or their carer) can use their form to provide key information to the healthcare and social service providers.

About me



My legal name is:

The name I go by is:

My pronouns are:

I would describe the extent of my attention or memory loss symptoms as:

My accessibility needs for this appointment are:

2SLGBTQI Identity & Dementia: Introduction eCourses

What can you do to better support 2SLGBTQI people living with dementia?

Egale's 2SLGBTQI Identity and Dementia e-modules build on the 2SLGBTQI PLWD research, as well as other research and promising practices pertaining to 2SLGBTQI groups and dementia.

Each e-module is free and takes approximately 45-60 minutes to complete.

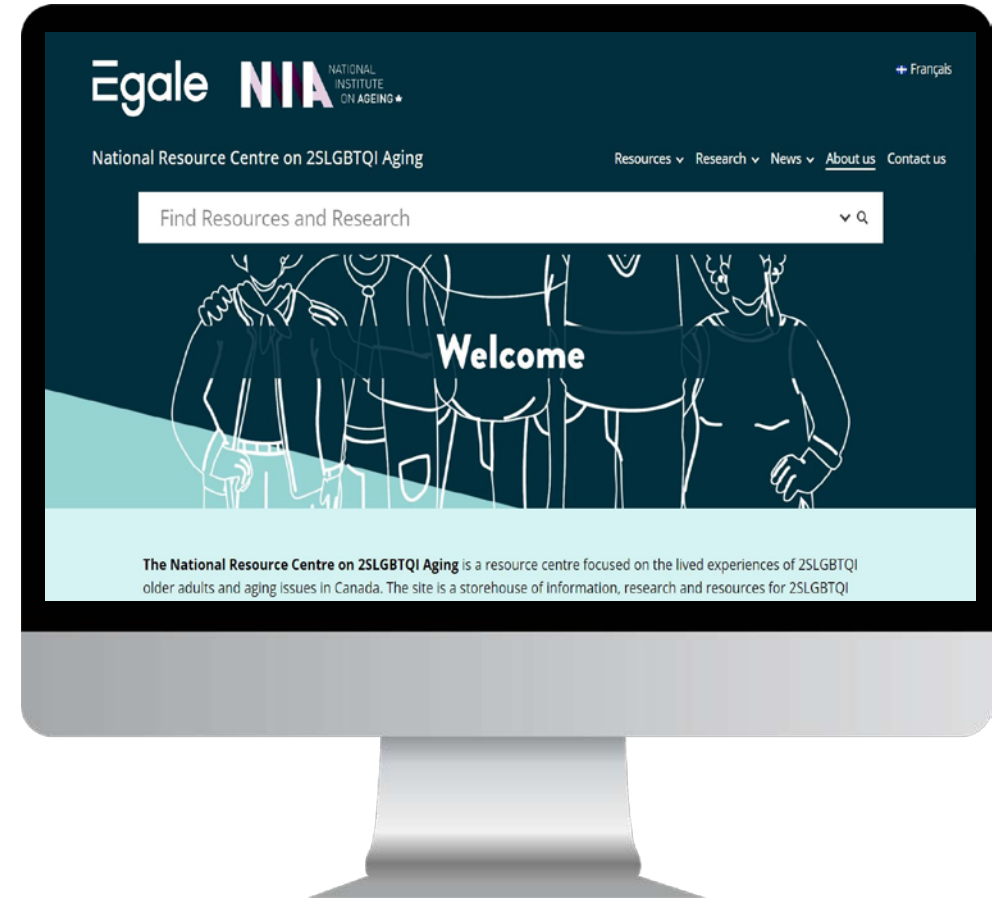


National Resource Centre on 2SLGBTQI Aging

The **National Resource Centre on 2SLGBTQI Aging (NRCA)** is a resource centre focused on the lived experiences of 2SLGBTQI older adults and aging issues in Canada.

The site is a storehouse of **information**, **research** and **resources** for **2SLGBTQI older adults**, their communities, and for those who provide social service and care to these groups.

2slgbtqi-aging.ca



**HELP US
REMAIN**

Section Four:

Other Ways Egale Supports 2SLGBTQI Older Adults

Egale



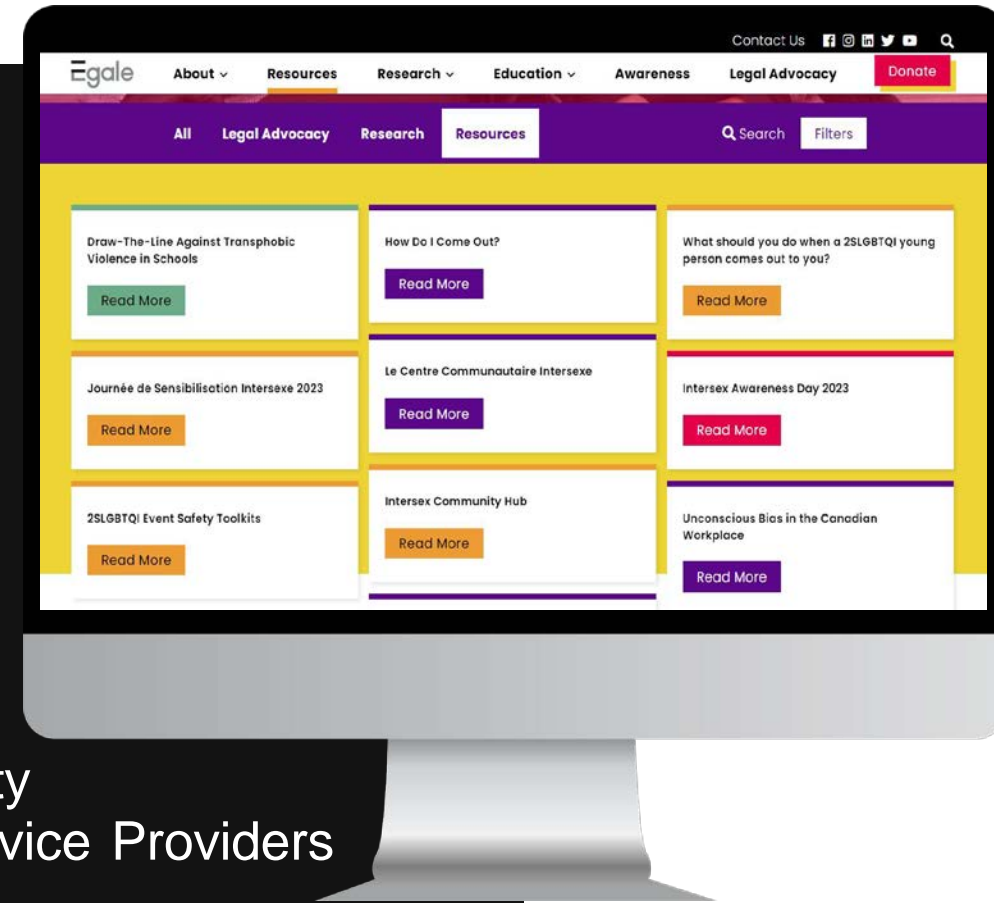
Resources & Training

Read our Aging & Living Well Report
(egale.ca/alw)

Explore our 2SLGBTQI Resources
(egale.ca/resources)

Hire Egale For Your Next Training

- Workplace Inclusion for Gender and Sexual Diversity
- 2SLGBTQI Inclusion for Mental Health & Social Service Providers



Arriving Spring 2024

Upcoming FREE eLearning for Healthcare & Social Service Providers

- How to support 2SLGBTQI people through **Aging & Living Well**
- **Queering Mental Health**
- **Intersex Identity and Healthcare**

Go to egale.ca/subscribe to stay in the know!

In Summary, Help Us Remain By:

1. Learn about the experiences of 2SLGBTQI people living with dementia

2. Educate yourself on ways to make dementia care and healthcare more inclusive of 2SLGBTQI people

2. Take action and advocate for more resources and supports for 2SLGBTQI PLWD and their unpaid carers.



Thank You For *Helping Us Remain.*

Questions?

Have a question after the webinar? Email aadams@egale.ca

Egale

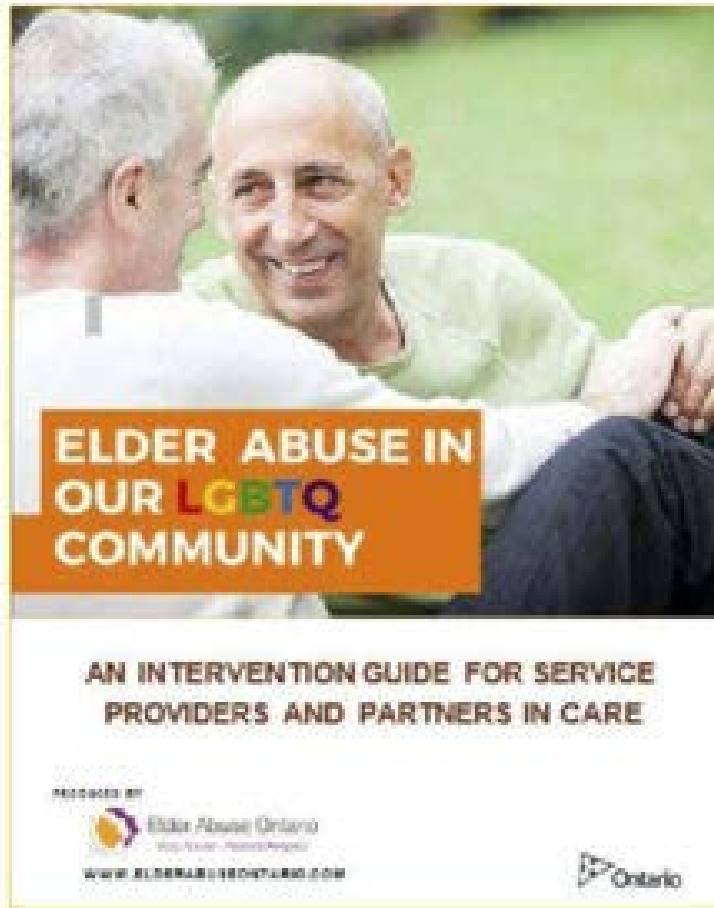
**HELP US
REMAIN**

Learn more about how you can **help us remain** at [**egale.ca/dementia**](http://egale.ca/dementia)

QUESTIONS




Resources



ELDER ABUSE IN OUR LGBTQ COMMUNITY

AN INTERVENTION GUIDE FOR SERVICE PROVIDERS AND PARTNERS IN CARE

PRODUCED BY
Elder Abuse Ontario
www.elderabuseontario.com



LEARNING NETWORK

LEARNING NETWORK RESOURCE SPOTLIGHT


ELDER ABUSE & FINANCIAL ABUSE PREVENTION IN LGBTQI+ COMMUNITIES



THURSDAY, JULY 6, 2023
1:00 TO 2:30 PM ET




<https://youtu.be/GkgjaJI5vjQ>



LEADING & LEARNING WITH PRIDE

A Revitalized Tool Kit on Supporting 2SLGBTQI+ Seniors



2SLGBTQ+ Supports/Information

National Seniors Study

Aging and Living Well: Beyond Health Considerations for 2SLGBTQI Older Adults.

<https://egale.ca/egale-in-action/seniors-national-study/>

By asking about “aging and living well”, this national interview-based project seeks to expand understandings of aging in 2SLGBTQI communities beyond *health* alone and to open conversations about how 2SLGBTQI older adults can be better supported to continue to live in community.

Elder Abuse & Financial Abuse: Context and Considerations for 2SLGBTQI Communities

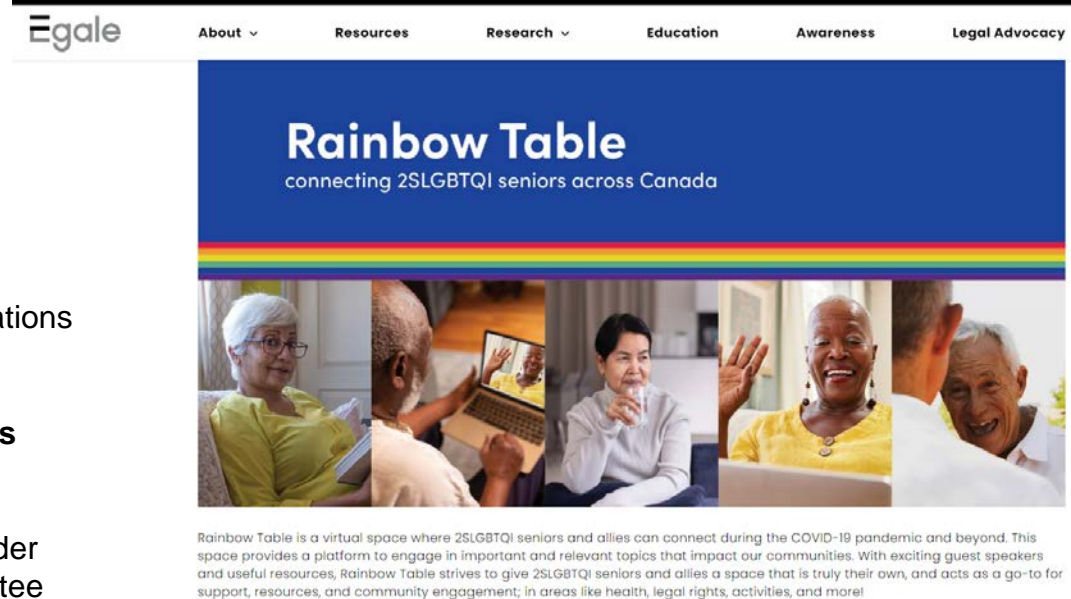
<https://egale.ca/awareness/elder-abuse-session-new-horizons-brief/>

Egale Canada hosted a virtual Community Conversations for 2SLGBTQI Seniors: Focus on Elder Abuse session. The session brought together 2SLGBTQI older adults, project advisory committee members, and a guest expert to share knowledge, experiences, and ideas related to elder abuse and financial elder abuse in particular. In this brief, you will find a summary, notes from the community conversations, and some resources.

Coming Out and Coming in to Living with Dementia: Enhancing Support for 2SLGBTQI People Living with Dementia and their Unpaid Carers

<https://egale.ca/egale-in-action/2slgbtqi-dementia-care/#report>

What are the unique experiences and needs of Two Spirit, lesbian, gay, bisexual, transgender, queer, and intersex (2SLGBTQI) people living with dementia and those who care for them? In this report, Egale and NIA share the findings from their national qualitative research study that engaged 2SLGBTQI community members living with dementia, primary unpaid carers of 2SLGBTQI PLWD, and community group representatives, and dementia care and service provider stakeholders.



The screenshot shows the Egale website header with navigation links: About, Resources, Research, Education, Awareness, and Legal Advocacy. Below the header is a blue banner for "Rainbow Table" with the tagline "connecting 2SLGBTQI seniors across Canada". A rainbow horizontal line separates the banner from a collage of photos showing diverse older adults interacting. Below the photos is a short paragraph describing Rainbow Table as a virtual space for connection and support during the COVID-19 pandemic and beyond.

Egale

1-416-964-7887

<https://egale.ca/>

Provincial 2sSLGBTQ+ Supports and Services

The 519

1-416-392-6874

www.the519.org

Senior Pride Network Toronto

www.seniorpridenetwork.ca

Rainbow Health Ontario

416-324-4100

www.rainbowhealthontario.ca

SENIOR PRIDE
NETWORK TORONTO



Resources on Older 2SLGBTQI+ Communities



Older 2SLGBTQI+ Programs & Services

Our compilation of organizations across the Greater Toronto Area, Canada, and the International community working to address the needs, challenges and successes of aging 2SLGBTQI+ populations.

Greater Toronto Area >

Canada >

International >

Provincial **Community and Home** Supports

Alzheimer Society of Ontario

www.alzheimer.ca/en/on

1-800-879-4226

Family Services Toronto Counselling and Shelter (Pat's Place)

416.595.9618

<https://familyservicetoronto.org>

LHIN Home and Community Care

<http://healthcareathome.ca/>

Provincial **LEGAL** Supports and Services

Advocacy Centre for the Elderly

1-855-598-2656

www.advocacycentreelderly.org

Human Rights Tribunal of Ontario

1-866-598-0322

www.hrto.ca

Law Society Referral Service

www.lsuc.on.ca/lrs/

Ontario Association of Family Mediation

1-844-989-3026 or 416-740-6236

www.oafm.on.ca

Office of the Public Guardian and Trustee

1-800-366-0335

www.attorneygeneral.jus.gov.on.ca

Provincial **POLICE** Services

Call local Police Service

LEAPS/Seniors Support Officers

Ontario Provincial Police

www.opp.ca

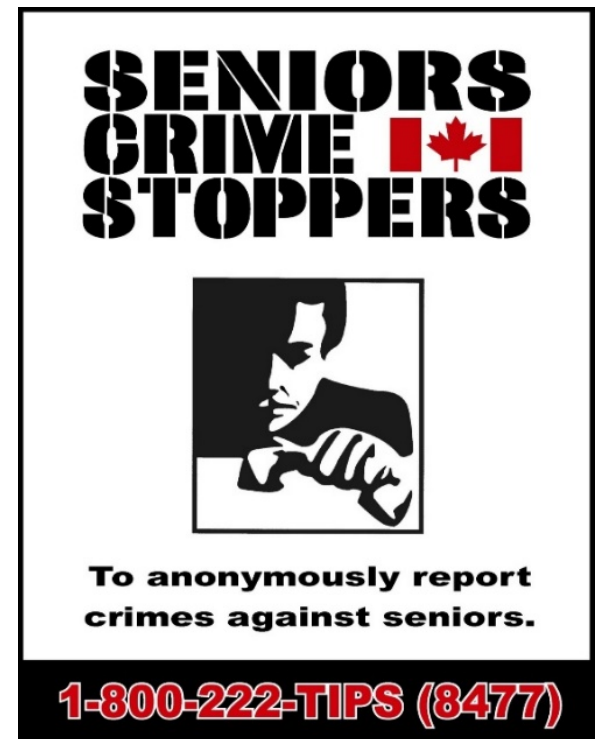
Senior CrimeStoppers

www.canadiancrimestoppers.org

1-800-222-TIPS (8477)

Toronto Police Service

*Vulnerable Persons Coordinator,
Community Partnerships and Engagement Unit*





Designed for services providers:

- Social support services
- Health care
- Shelters/housing
- Paramedics
- Elder mediation
- Mental health
- Law enforcement
- Victim services
- Justice professionals
- ...those supporting older adults

Risk Assessment Training

SOLD OUT

Harm to Older Persons Evaluation (HOPE)

Feb. 5 & 6 | 9:00 am - 12:00 pm EST
Feb. 8 | 9:00 am - 1:00 pm EST

Registration Fee: \$199

Limited to 40 Trainees - Register Early!



Dr. Jennifer Storey

Forensic Psychologist specializing in violence risk assessment and interpersonal violence

University of Kent (UK)

https://eapon.ca/risk_assmt_training_2024/

EVALUATION

Please take a few minutes
to complete our survey!





Raeann Rideout

Director Strategic Partnerships
Elder Abuse Prevention Ontario



705.927.3114



rrideout@eapon.ca



www.eapon.ca



@EAPreventionON



Elder Abuse
Prevention
Ontario

Prévention de la
maltraitance envers
les aînés Ontario