

# Senior's Anti-Bullying Project

## Older Adult Residence Participant Request



**The Seniors Anti-bullying Project is looking for an older adult community retirement or independent living residence participant in the Toronto, Brampton, or Mississauga area**

### **Project Background:**

What is bullying? Bullying is sometimes called harassment and happens when someone hurts, intimidates or scares a peer consciously or unconsciously. When someone is being bullied they often have a hard time defending themselves. Bullying is usually not a one-time event. It can happen over and over again.

People of all ages can be bullied. Sheridan Faculty of Humanities and Social Sciences member Dr. Kirsten Madsen is working with the Centre for Elder Research, Elder Abuse Prevention (ON) and the Bob Rumball Canadian Centre of Excellence for the Deaf to better understand senior to senior bullying in Ontario, and support the development of best practices and strategies for this diverse population. An anti-bullying toolkit has been created and we are currently in the process of implementing and evaluating the toolkit and are looking for host implementation sites for 2024.

### **Residence Commitment:**

1 year of awareness raising and workshops plus prep time for pre and post survey's.

The research project will commit to sharing all of the pre and post survey results with each individual residence as well as offering customized workshops and sessions tailored to your residents wants and needs. Outcomes for each site will differ and results will vary.

### **For Further Information Contact:**

Dr. Kirsten Madsen, Principal Investigator at [kirsten.madsen@sheridancollege.ca](mailto:kirsten.madsen@sheridancollege.ca)

Liza Franses, Project Manager at [liza.franses@sheridancollege.ca](mailto:liza.franses@sheridancollege.ca) or 647-268-5284