



Elder Abuse
Prevention
Ontario

WEBINAR

Signal for Help Responders: *Supporting Someone who is Experiencing Abuse*



9th October



1 PM - 2 PM

Speakers:

Hélène Bigras-Dutrisac, Community Activation
Manager, **Signal for Help** *with support from*
Miranda Shepherd, Communications Coordinator



Women and Gender
Equality Canada

Femmes et Égalité
des genres Canada

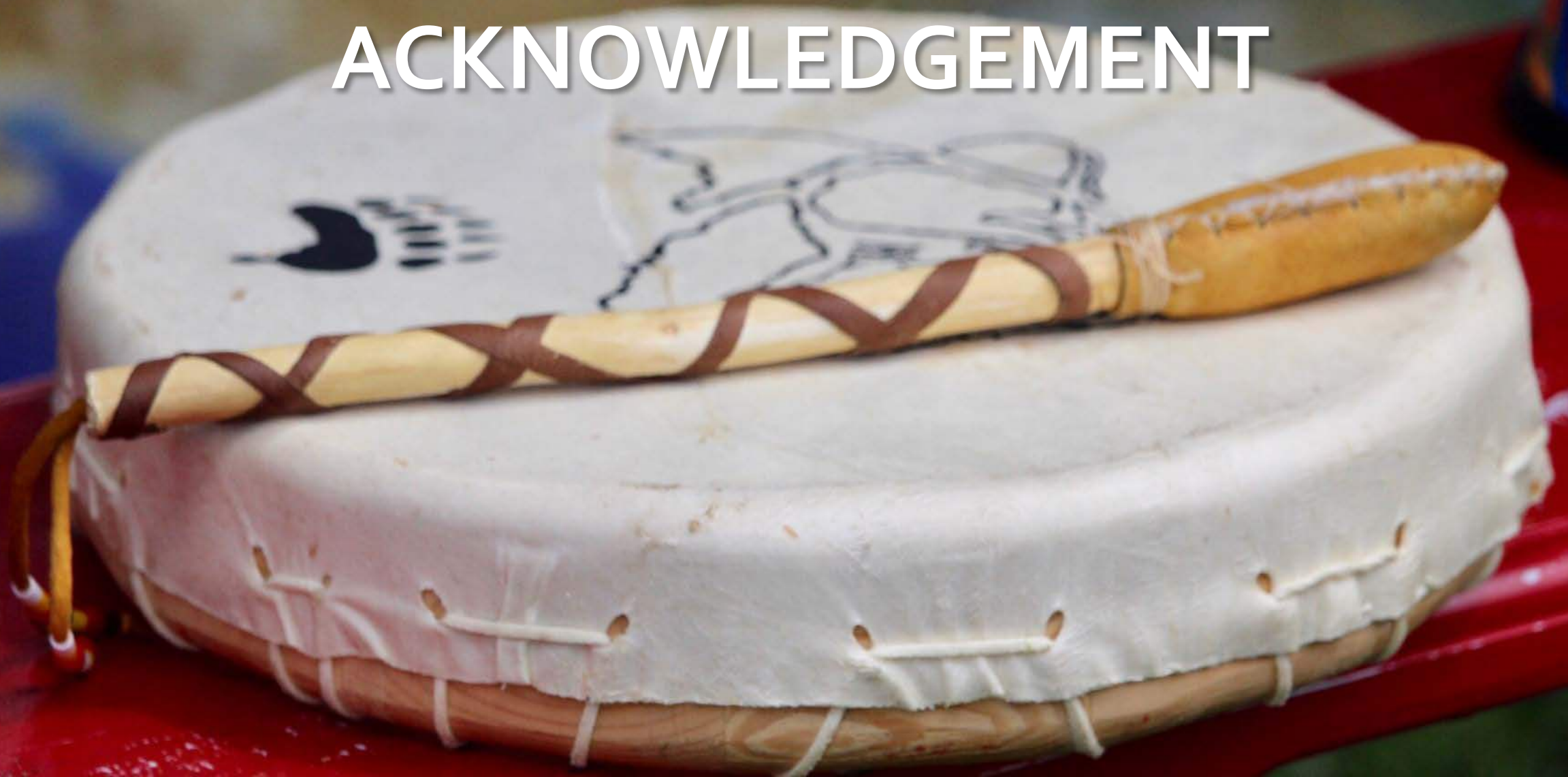


ASL Provided



www.signalforhelp.ca

LAND ACKNOWLEDGEMENT



Communication

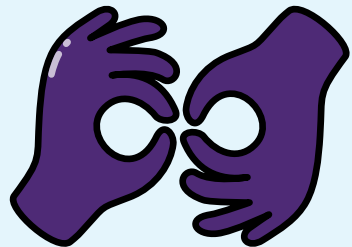


Microphones: All attendees will be muted during the webinar.

CHAT Box - Welcome to post comments during the session.

Q & A - Type your questions in Question/Answer Box and addressed after the presentation.

ASL



- **Image and name** (ASL Interpreter) on screen
- **Speaker /Gallery view:** Grid at top of right corner of screen - choose the layout you prefer on your screen
- **Closed Captioning:** Enable or Disable

Evaluation



Your feedback on knowledge gain from the session and suggestions for future topics is appreciated.

- Follow-up email with survey link

Recording



A recorded version of this webinar will be available on our EAPO website.

Links and documents shared during the webinar will also be posted.

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We appreciate there may be personal circumstances or issues which participants may wish to address. However, in keeping with our commitment to maintaining your privacy and confidentiality, today we will be answering general questions posed through the Q&A.

If someone wishes to discuss specific circumstances, we invite you to contact EAPO/CNPEA following this webinar to arrange for a confidential conversation so that we may further assist you.



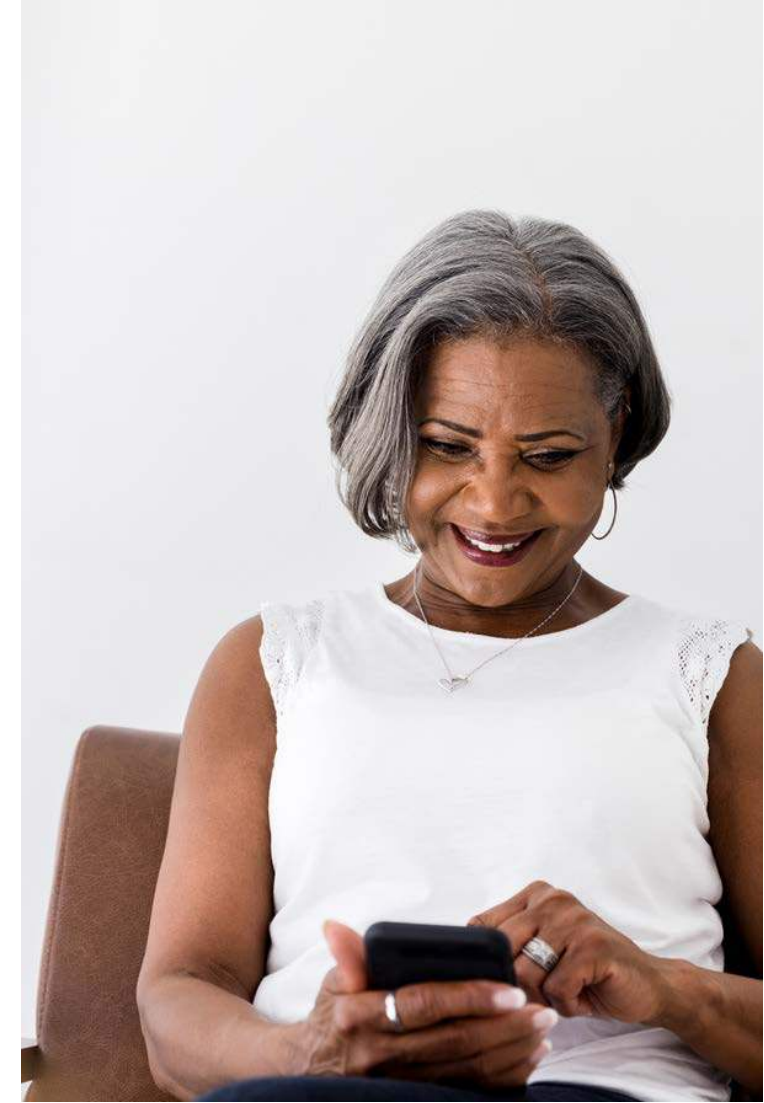
**Elder Abuse
Prevention
Ontario**

Vision

EAPO envisions an Ontario where ALL seniors are free from ageism and abuse, where human rights are advanced, protected and respected.

EAPO is mandated to support the implementation of Ontario's Strategy to Combat Elder Abuse.

Funded by the ON Government, under the Ministry for Seniors and Accessibility (MSAA)



STOP ABUSE –

SIMPLY PUT, WE ALL HAVE A ROLE TO PLAY

RESTORE RESPECT

Speakers

Hélène Bigras-Dutrisac

Hélène is manager of community activation on the Signal for Help Campaign at the Canadian Women's Foundation. She is typically located in Montreal or Tiohtià:ke, but currently living in LA. Over the last decade, she has worked as a journalist, translator, and feminist researcher specializing in sexual trauma. She holds master's degrees in both journalism and gender studies from the University of Western Ontario.

Miranda Shepherd

Miranda is the Communications Coordinator on the Signal for Help Campaign at the Canadian Women's Foundation. Her work focuses on the distribution of Signal for Help resources and connecting with organizations to improve awareness of the campaign. She is currently located in Montreal or Tiohtià:ke.

Signal for Help Responders



**CANADIAN
WOMEN'S
FOUNDATION**

**FONDATION
CANADIENNE
DES FEMMES**

This project has been funded by:



Women and Gender
Equality Canada

Femmes et Egalité
des genres Canada





[slido.com](https://www.slido.com)

3785415



*THE
VIOLENCE
ATHOME
SIGNAL
FOR HELP*



1. Palm to camera and tuck thumb



2. Trap thumb



Be a Signal for Help Responder



44%

of women reported experiencing some form of psychological, physical, or sexual violence by an intimate partner in their lifetimes.

Workplace Research:

35°A.

knew at least one co-worker who experienced domestic violence

54%

of those facing domestic violence said it happened at/near work

82%

disclose to coworkers





**What is
Gender-based
Violence?**

Gender-based Violence



**Physical
Violence**

pushing, blocking, hitting...



**Emotional
Abuse**

control, manipulation,
name-calling, isolating,
threatening ...



**Sexual
Violence**

unwanted sexual contact,
harassment, rape ...

How Do I Respond?

1

Reach out
safely and
discreetly

2

Be supportive
In your
response

3

Refer them
to support
services

1

Reach Out Safely & Discreetly



Call and ask if
they're alone +

Ask yes/no
questions



Send a message with
general questions

2

Be Supportive in Your Response



Focus on the person



Remember everyone
copes differently



Listen and let them
lead



Be judgement free

3

Refer Team to Support Services



Listening to Survivors

Signal
for
Help

The text "Signal for Help" is centered on a yellow background with white concentric circles. The word "Signal" is at the top, "for" is in the middle, and "Help" is at the bottom. On either side of the word "for" is a circular icon containing a hand in a sign language gesture.

Listen, subscribe, rate, review



**Scenario:
Coffee Break**

The Workplace's Role

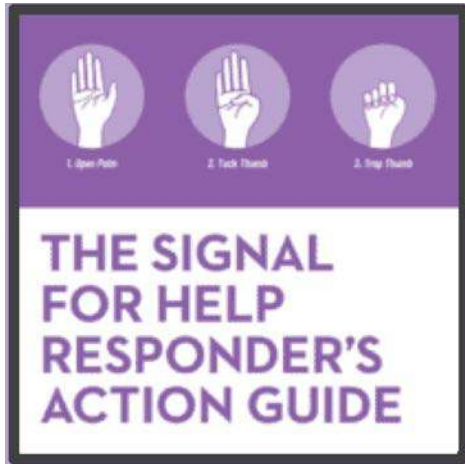


**Legislation
and
health & safety**

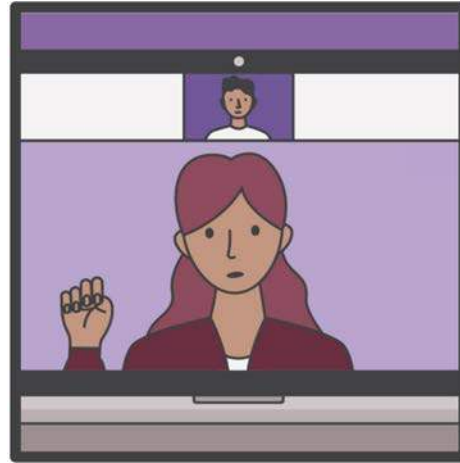


**Policy, practices,
leadership,
accountability**

Become a Signal for Help Responder



Workplace
Guide & Email
Journey



Online
tvlini-Course



Signal for Help
Podcast Series



Thank You



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Search for Elder Abuse Services

<https://eapon.ca/reporting/>

This directory is designed to help you connect to government and community-based health and social services across Ontario. You can search for support by entering a keyword or choose a topic to find services in a specific area or city in Ontario.

This information is provided by 211 Ontario and their directory is always being updated. If you do not see your agency or organization listed or you want to suggest an update [please contact 211 directly](#).



Search by Topic or Keyword

You can search by our topic list or enter a keyword to search for resources.

Topic Search Keyword Search

Choose a Topic

Select a topic below to view subtopics.



Stop Abuse. Restore Respect



Ageism Awareness 2024

AGEISM AFFECTS EVERYONE (OCTOBER 1 – 11)

Join the movement to promote ageism awareness while building a Canada free of ageism against older persons.

ENGLISH →

FRANÇAIS →

Ageism Awareness 2024 Campaign

October 9, 2024



CCAA has prepared a **nine-day campaign** to promote ageism awareness. The campaign consists of nine social media graphics prepared in **both official languages**. Each image has a corresponding caption. The captions and images are designed so that they can be used as a complete campaign, or as stand-alone posts.



Elder Abuse
Prevention
Ontario

**Join us...to help make a
safer Ontario for all
older adults.**

**Contact
EAPO:**

1-416-916-6728

1-833-916-6728



<http://eapon.ca>



@EAPreventionON



THANK
YOU